# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Curriculum

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# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Cardiology Curriculum

# 1. EDUCATIONAL GOALS

The goal of the cardiology rotation is to teach residents to provide quality medical care to patients with hypertension, acute myocardial infarction, congestive heart failure and valvular heart disease as well as the associated complications of these disorders in the inpatient and outpatient settings.

# 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

#### PGY-2 and PGY-3

Inpatient Consultation Service			
Demonstration of bedside skills necessary for the assessment and on-going care of patients with cardiac problems.	→ Patient Care → Medical Knowledge		
Identification of common etiologies, presentations, complications of heart failure, chest pain and valvular disease and their management.	→ Medical Knowledge → Practice Based Learning		
Identify appropriate utilization of the cardiology subspecialty consultation in a cost-effective and evidence based manner.	→ Medical Knowledge System Based Learning		
Understanding and interpretation of the tests and radiological imaging utilized in the evaluation, management and monitoring of patients with cardiac diseases such EKG, exercise stress testing and radionuclide imaging.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>		
Actively participate in making informed recommendations about preventive, diagnostic, and therapeutic options, and interventions that are based on clinical judgment, scientific evidence, and patient preferences.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>		
Communicate effectively with patients and their families in all situations, especially around difficult issues such as end-of life decision-making in patients with end-stage heart failure.	→ Interpersonal And Communication Skills → Practice Based Learning		
Provide effective and professional consultation to referring physicians and sustain therapeutic and ethically sound professional relationships with patients, their families, and colleagues.	→ Interpersonal And Communication Skills → Professionalism		
Observe and when appropriate participate in cardiology-specific procedures including central IV line placement and invasive monitoring, echocardiography and cardiac catheterization.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> </ul>		

#### **Outpatient Service**

Cardiology Clinic			
Evaluation of patients with coronary artory disease valvular heart disease	$\rightarrow$ Medical Knowledge		
and boast failure	$\rightarrow$ Patient Care		
and heart failure.	$\rightarrow$ Practice Based Learning		
Identification of signs and symptoms of secondary hypertension possible	$\rightarrow$ Medical Knowledge		
etiologies and appropriate testing, as well as management appropriate management.	$\rightarrow$ Patient Care		
	$\rightarrow$ Practice Based Learning		
	→ System Based Learning		
	$\rightarrow$ Medical Knowledge		
Identification of and management of patients with resistant hypertension	$\rightarrow$ Patient Care		
including factors that contribute to difficult to control hypertension	$\rightarrow$ Practice Based Learning		
including noncompliance.	$\rightarrow$ Interpersonal And		
	Communication Skills		
Appropriate implementation of proventive gave induding modification of	$\rightarrow$ Medical Knowledge		
Appropriate implementation of preventive care including modification of	$\rightarrow$ Practice Based Learning		
risk factors for coronary aftery disease.	$\rightarrow$ System Based Learning		

Didactics	
Present case conference involving an interesting patient seen on the inpatients consult service.	$\rightarrow$ Scholarly Activity
Adhere to principles of confidentiality, scientific/academic integrity, and informed consent.	$\rightarrow$ Professionalism $\rightarrow$ Scholarly Activity

# 3. PRINCIPAL TEACHING METHODS

Residents on the cardiology service will participate in patient evaluation and management on the inpatient consultation service for the wards and the CCU as well as the outpatient hypertension clinic, renal clinic and hemodialysis unit. Residents will also attend the various didactic sessions conducted/attended by the division.

The inpatient consult service sees patients on the medicine wards as well as the wards of other services including surgery and obstetrics and gynecology when recommended by the internal medicine consult service. These patients are discussed with the attending for the service before evaluation and management recommendations are made.

The hypertension clinic provides an opportunity for residents to participate in the care of patients with coronary artery disease, heart failure and valvular disease.

# 4. SUPERVISION OF RESIDENTS BY FACULTY

**Inpatient Consultation Service:** Rounds are conducted 5 days per week with the faculty attending physician. Both new and follow-up consults are discussed. All resident notes are signed by the attending.

**Clinics:** Every patient encounter is discussed with the attending physician before the patient leaves the clinic and every note is co-signed by the attending.

#### 5. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs on a daily basis through close observation by the assigned teaching attending, who is also expected to provide formal oral summary evaluations to the residents at the end of the rotation. Residents also receive a written evaluation from the teaching attendings at the conclusion of the rotation via the myevaluations system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system.

### 6. SUGGESTED CORE READING LIST AND REFERENCES

(All Blue Text Is Hyperlinked Via The Columbia Library. You Will Need Your UNI to Access These Resources)

### 6.1 Core Textbooks

- Harrison's Principles of Internal Medicine (Available Via CUMC Library Online At <u>http://www.accessmedicine.com.monstera.cc.columbia.edu:2048/resourceToc.aspx?resourceID=4</u>)
- 6.1.2 Other Suggested Reading: General

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Consultation Medicine Curriculum

# 1. EDUCATIONAL GOALS

General internists should have an appreciation of the body of knowledge that has developed in consultative medicine. Most important is an understanding of the physiologic response to surgery and anesthesia, disease-related and procedure-related risk, prophylactic therapy to prevent peri-operative problems, and postoperative medical complications. The general internist should also sufficiently understand the physiology of pregnancy and the categories of psychiatric disease and its pharmacologic treatment to manage medical problems in these patients effectively.

Given the broad nature of consultative medicine, the range of competencies in medical consultation varies little among practice settings. However, the extent and complexity of the role may be determined by the availability of surgical, anesthesia, trauma/critical care, obstetric, psychiatric, and other specialists, including internal medicine sub-specialists. Optimal consultative care requires skills that can be adapted to both office practice and a variety of hospital settings, including outpatient and day surgery.

Since medical consultation is practiced at the interface of internal medicine and other specialties, it requires familiarity with those specialties, skill in synthesizing information, and appropriate effective communication with attending and other consulting physicians, dentists, other health care workers, and families.

# 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

#### PGY-3

Inpatient Consultation Service	
Demonstration of bedside skills necessary for the assessment of medical problems in patients on other services.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \end{array}$
<ul> <li>Demonstrate an understanding of the knowledge base necessary for effective consultation:</li> <li>Assessment of need for antibiotic prophylaxis for invasive procedure</li> <li>Assessment of need for anticoagulation as a prophylactic procedure</li> <li>Assessment of need for transfer to medical service</li> <li>Assessment and management of preoperative risk</li> <li>Medical problems arising during postoperative recovery</li> <li>Medical problems during pregnancy</li> <li>Medical problems in psychiatric patients</li> </ul>	→ Medical Knowledge
Identify appropriate utilization of specialty consultation in a cost-effective and evidence based manner	<ul> <li>→ Medical Knowledge</li> <li>→ System Based Learning</li> </ul>
Understand the tests and radiological imaging utilized in the pre-operative evaluation of patients on the surgery and gynecology services, specifically cardiac and pulmonary non-invasive testing, and assessment of the risk of thrombo-embolic disease.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based</li> <li>Learning</li> <li>→ System Based</li> <li>Learning</li> </ul>

Actively participate in making informed recommendations about preventive, diagnostic, and therapeutic options, and interventions that are based on clinical judgment, scientific evidence, and patient preferences.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based</li> <li>Learning</li> <li>→ System Based</li> <li>Learning</li> </ul>
Communicate effectively with patients and their families in all situations.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Practice Based Learning</li> </ul>
<ul> <li>Provide effective and professional consultation to referring physicians and sustain therapeutic and ethically sound professional relationships with patients, their families, and colleagues; develop an understanding of the role of the consultant. This includes:</li> <li>Learning to perform an appropriately extensive or focused history and physical exam relate to the question asked</li> <li>Clear verbal and written communication of the assessment and recommendations</li> <li>Appropriate follow-up and re-assessment</li> <li>Teaching with tact</li> </ul>	<ul> <li>→ Patient care</li> <li>→ Interpersonal and Communication skills</li> <li>→ Professionalism</li> </ul>

# **Outpatient Service**

Ambulatory Surgery		
		Medical Knowledge
Evaluation of ambulatory patients scheduled for elective surgery.	$\rightarrow$	Patient Care
	$\rightarrow$	Practice Based
		Learning
	$\rightarrow$	Medical Knowledge
	$\rightarrow$	Patient Care
Request appropriate pre-operative diagnostic testing and make	$\rightarrow$	Practice Based
recommendations based on the results.		Learning
	$\rightarrow$	System Based
		Learning
Communicate directly with referring physicians when appropriate.	$\rightarrow$	Medical Knowledge
	$\rightarrow$	Patient Care
	$\rightarrow$	Communication
		Skills

# 3. PRINCIPAL TEACHING METHODS

Residents on the will participate in patient evaluation and management on the inpatient consultation service for other services including surgery and obstetrics and gynecology.

The ambulatory surgery clinic provides an opportunity for residents to evaluate outpatients who are being prepared for elective surgery.

The reading list at the end of this document will help residents orient their learning plan for the rotation and this is discussed with the attending.

There is a lecture each year for all residents that emphasize the principles of consultation medicine.

#### 4. SUPERVISION OF RESIDENTS BY FACULTY

**Inpatient Consultation Service:** Rounds are conducted 5 days per week with the faculty attending physician. Both new and follow-up consults are discussed. All resident notes are signed by the attending.

**Clinics:** Every patient encounter is discussed with the attending physician before the patient leaves the clinic and every note is co-signed by the attending.

#### 5. EVALUATION PROCESS

Oral feedback of clinical performance occurs on a daily basis through close observation by the assigned teaching attending, who is also expected to provide formal oral summary evaluations to the residents at the end of the rotation. Residents also receive a written evaluation from the teaching attendings at the conclusion of the rotation via the myevaluations system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system.

#### 6. SUGGESTED CORE READING LIST AND REFERENCES

#### General:

• Goldman, et. al. Ten commandments for effective consultations. Archives of Internal Medicine 1983; 143: 1753-1755.

#### **Pre-Operative Evaluation:**

- Gross and Caputo, eds. Kammerer and Gross' <u>Medical Consultation</u>, 3<sup>rd</sup> Edition, Williams and Wilkins, 1998.
- Fleisher LA, Beckman JA, Brown KA, et.al. ACC/AHA 2006 Guideline update on perioperative cardiovascular evaluation for noncardiac surgery: focused update on perioperative beta-blocker therapy. Circulation 2006; 113: 2662-2674.
- Fleisher LA, Beckman JA, Brown KA, et.al. ACC/AHA 2007 Guidelines on perioperative cardiovascular evaluation and care for noncardiac surgery. JACC 2007; 50: e159-241.
- Lee TH. Reducing cardiac risk in noncardiac surgery. N Engl J Med 1999 341: 1838-1840.
- Lindauer PK, Pekow P, Wang K, et.al. Perioperative beta-blocker therapy and mortality after major noncardiac surgery. N Engl J Med 2005; 353 (4): 349-361.
- Smetana GW, Lawrence VA, Cornell JE. Preoperative pulmonary risk stratification. Annals of Internal Medicine 2006; April 18, 144: 581-595.
- Wilson W, Taubert K, Gewitz M, et.al. Prevention of infective endocarditis. Guidelines from the American Heart Association. Circulation AHA 2007; 106 (May 8, 2007).

#### Medical Problems in Pregnancy:

- Barron and Lindenheimer, eds. <u>Medical Disorders During Pregnancy</u>, 3<sup>rd</sup> edition, Mosby, 2000.
- Wood AJJ. Treatment of hypertension in pregnant women. N Engl J Med 1996 335: 257-265.
- Kjos SL, Buchanan TA. Gestational diabetes mellitus N Engl J Med 1999 341: 1749-1756.

#### Other:

• Jeremias A, Gibson CM. Narrative review: Alternative causes for elevated cardiac troponin levels when acute coronary syndromes are excluded. Ann Intern Med 2005 142: 786-791.

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Coronary Care Unit

# 1. EDUCATIONAL GOALS

The goal of the CCU rotation is to teach residents to provide quality medical care to patients with hypertension, acute myocardial infarction, congestive heart failure, valvular heart and cardiac arrhythmias disease as well as the associated complications of these disorders in the intensive care setting.

# 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

# PGY-1

CCU	
Demonstration of bedside skills necessary for the assessment and on-going care of patients with cardiac problems	$\begin{array}{l} \rightarrow  \text{Patient care} \\ \rightarrow  \text{Medical knowledge} \end{array}$
Identification of common etiologies, presentations, complications of heart failure, chest pain, valvular disease and cardiac arrhythmias and their management	<ul> <li>→ Medical knowledge</li> <li>→ Practice based learning</li> </ul>
Understanding and interpretation of the tests and radiological imaging utilized in the evaluation, management and monitoring of patients with cardiac diseases such EKG, exercise stress testing, echocardiogram and radionuclide imaging.	<ul> <li>→ Medical knowledge</li> <li>→ Patient care</li> <li>→ Practice based learning</li> <li>→ System based learning</li> </ul>
Observe and when appropriate participate in cardiology-specific procedures including central IV line placement and invasive monitoring.	<ul> <li>→ Patient care</li> <li>→ Medical knowledge</li> <li>→ Practice based</li> <li>learning</li> </ul>

# PGY-2 and PGY-3

CCU		
Identification of common etiologies, presentations, complications of heart		Medical Knowledge
		Practice Based
randre, chest pani, varvular disease and cardiac armytinnias then management.		Learning
	$\rightarrow$	Medical Knowledge
Understanding and interpretation of the tests and radiological imaging utilized in the evaluation, management and monitoring of patients with cardiac diseases such EKG, exercise stress testing, Echocardiogram and radionuclide		Patient Care
		Practice Based
		Learning
imaging.	$\rightarrow$	System Based
		Learning
		Patient Care
Actively participate in making informed recommendations about diagnostic and therapeutic options, and interventions that are based on clinical judgment, scientific evidence, and patient preferences.	$\rightarrow$	Medical Knowledge
	$\rightarrow$	Practice Based
		Learning
	$\rightarrow$	System Based
		Learning

Communicate effectively with patients and their families in all situations, especially around difficult issues such as end-of life decision-making in patients with end-stage heart failure.	$\rightarrow$ $\rightarrow$	Interpersonal And Communication Skills Practice Based Learning
Observe and when appropriate participate in cardiology-specific procedures including central IV line placement and invasive monitoring. Manage emergency situations requiring ACLS.	$ \begin{array}{c} \rightarrow \\ \rightarrow \\ \rightarrow \end{array} $	Patient Care Medical Knowledge Practice Based Learning
Actively participate in the management of patients with advanced heart failure	$\rightarrow$	Medical Knowledge
presentations, including appropriate utilization of inotropic therapies, invasive	$\rightarrow$	Patient Care
hemodynamic monitoring and referral for left ventricular assist devices and	$\rightarrow$	Practice Based
cardiac transplant.		Learning
Actively participate in the management of patient with high risk Acute Coronary Syndrome, including risk stratification based on presenting symptoms, cardiac biomakers and noninvasive imaging (Echocardiogram), appropriate utilization of antiplatelet and anticoagulation therapies, indications for cardiac catheterization and recognition of complications requiring referral for emergent intervention (PCI and CABG).	$\rightarrow$ $\rightarrow$ $\rightarrow$	Medical Knowledge Patient Care Practice Based Learning
Actively participate in the management of patients with high risk cardiac		
arrhythmias not requiring ACLS (sustained stable VTACH, SVT with	$\rightarrow$	Medical Knowledge
hemodynamic comprise and symptomatic bradyarrhythmias) including	$\rightarrow$	Patient Care
appropriate utilization of electrical and chemical cardioversion therapy,	$\rightarrow$	Practice Based
indications for temporary transvenous pacing and referrals for emergent		Learning
pacemaker and AICD implantation.		~

Didactics		
Present case conference involving an interesting patient seen on the inpatients CCU service.	$\rightarrow$	Scholarly Activity
Participate in the conferences organized by the Cardiology Division including EKG Conference and Cardiology Lecture Series.	$\rightarrow$	Medical Knowledge

# 3. PRINCIPAL TEACHING METHODS

Residents on the cardiology service will participate in patient evaluation and management on the inpatient consultation service for the wards and the CCU as well as the outpatient hypertension clinic, renal clinic and hemodialysis unit. Residents will also attend the various didactic sessions conducted/attended by the division.

The inpatient consult service sees patients on the medicine wards as well as the wards of other services including surgery and obstetrics and gynecology when recommended by the internal medicine consult service. These patients are discussed with the attending for the service before evaluation and management recommendations are made.

The hypertension clinic provides an opportunity for residents to participate in the care of patients with coronary artery disease, heart failure and valvular disease.

# 4. SUPERVISION OF RESIDENTS BY FACULTY

**Inpatient Consultation Service:** Rounds are conducted 5 days per week with the faculty attending physician. Both new and follow-up consults are discussed. All resident notes are signed by the attending. **Clinics:** Every patient encounter is discussed with the attending physician before the patient leaves the clinic and every note is co-signed by the attending.

#### 5. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs on a daily basis through close observation by the assigned teaching attending, who is also expected to provide formal oral summary evaluations to the residents at the end of the rotation. Residents also receive a written evaluation from the teaching attendings at the conclusion of the rotation via the myevaluations system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system.

#### 6. SUGGESTED CORE READING LIST AND REFERENCES

(All Blue Text Is Hyperlinked Via The Columbia Library. You Will Need Your UNI to Access These Resources)

#### 6.1 Core Textbooks

Harrison's Principles of Internal Medicine (Available Via CUMC Library Online At <u>http://www.accessmedicine.com.monstera.cc.columbia.edu:2048/resourceToc.aspx?resourceID=4</u>)

#### 6.1.2 Other Suggested Reading <u>General</u>: Braunwald's Heart Disease American College of Cardiology Practice Guidelines

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Emergency Medicine Curriculum

# 1. EDUCATIONAL GOALS

The goal of the Emergency Medicine rotation is to teach residents to manage common emergency conditions and provide consultation and management for a variety of acute serious illnesses.

# 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

### PGY-2 and PGY-3

Emergency Department	
Demonstration of bedside skills necessary for the assessment and on-going care of patients with serious acute problems.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \end{array}$
Demonstration of the medical knowledge and clinical judgment to appropriately evaluate common presenting problems in the ED including abdominal pain, back pain, chest pain, arrhythmias, altered mental status and coma, dyspnea, fever, headache, GI bleeding, hemoptysis, lower extremity edema, severe hypertension, shock, syncope, vaginal bleeding, volume depletion, vomiting, wheezing.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> </ul>
<ul> <li>Understanding of the tests and radiological imaging utilized in the evaluation, management and monitoring of patients with emergency conditions, including:</li> <li>1) Computed tomography of the head, chest, and abdomen and interpretation of results for life-threatening conditions, especially dissecting aortic aneurysm and pulmonary embolism, 2) Abdominal and pelvic ultrasound, 3) non-invasive vascular studies, 4) EKG in the evaluation of acute coronary syndromes and arrhythmias.</li> </ul>	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
Communicate effectively with patients and their families in all situations, especially around difficult issues such as serious illness with a poor prognosis.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Practice Based Learning</li> </ul>
Perform or participate in procedures in the ED setting including: Advanced cardiac life support, arterial and venous access, arthrocentesis, mask ventilation to maintain airway, placement of nasogastric tube, suturing of laceration, use of temporary external pacemaker.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based</li> <li>Learning</li> </ul>

# 3. PRINCIPAL TEACHING METHODS

Residents will participate in evaluation and management of patients presenting to the ED and urgent care area. This will include first contact and triage during some days on the rotation. They will discuss cases with Emergency Medicine attendings during the evaluation of the patient.

# 4. SUPERVISION OF RESIDENTS BY FACULTY

Every patient encounter is discussed with the attending physician before the patient leaves the ED and every note is co-signed by the attending.

#### 5. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs on a daily basis through close observation by the assigned teaching attending, who is also expected to provide formal oral summary evaluations to the residents at the end of the rotation. Residents also receive a written evaluation from the teaching attendings at the conclusion of the rotation via the myevaluations system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system.

### 6. SUGGESTED CORE READING LIST AND REFERENCES

(All Blue Text Is Hyperlinked Via The Columbia Library. You Will Need Your UNI to Access These Resources)

- 6.1 Core Textbooks Harrison's Principles of Internal Medicine (Available Via CUMC Library Online At <u>http://www.accessmedicine.com.monstera.cc.columbia.edu:2048/resourceToc.aspx?resourceID=4</u>)
- 6.2 Required Reading

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Endocrinology Curriculum

# 1. EDUCATIONAL GOALS

The goal of the endocrinology rotation is to teach residents to provide quality medical care to patients with:

- Type 1, 2, and gestational diabetes mellitus and hypoglycemic disorders
- Disorders of lipid metabolism
- Care of the surgical patient with diabetes
- Thyroid disorders (hyperthyroidism, hypothyroidism, thyroid nodules, thyroiditis, and thyroid cancer)
- Disorders of calcium and skeletal metabolism (vitamin D deficiency, hyperparathyroidism, osteoporosis, hypercalcemia of malignancy, hypocalcemia, hypomagnesemia)
- Disorders of the pituitary (prolactinomas, acromegaly, non-secreting tumors, pre-operative evaluation and post-operative care)
- Hyponatremia, diabetes insipidus, SIADH
- Disorders of the adrenal gland (adrenal insufficiency, Cushing's syndrome, hirsutism, endocrine hypertension, incidental adrenal masses)
- Hypogonadism, and sexual dysfunction
- Endocrine emergencies (diabetic ketoacidosis, hyperosmolar coma, adrenal insufficiency, pituitary apoplexy, thyroid storm, myxedema coma)
- Obesity including endocrinologic evaluation of patients before and after bariatric surgery.

Residents will learn to recognize and evaluate these disorders and their associated complications in the inpatient and outpatient settings. They will learn how to manage these conditions and how to determine when further consultation is needed.

### 2. PGY 2 & 3 ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

Inpatient Consultation Service				
Demonstration of bedside clinical skills necessary for the assessment and on-	$\rightarrow$ Patient Care			
going care of patients with endocrinologic disorders.	$\rightarrow$ Medical Knowledge			
Identification of common etiologies, presentations, complications of	$\rightarrow$ Medical Knowledge			
endocrinologic disorders and their management.	$\rightarrow$ Practice Based			
	Learning			
Identify appropriate utilization of the endocrinology subspecialty consultation	$\rightarrow$ Medical Knowledge			
in a cost effective and evidence based manner	System Based			
in a cost-criccuve and evidence based mainter.	Learning			
	$\rightarrow$ Medical Knowledge			
Understanding individual tests, dynamic testing protocols, and radiologic	$\rightarrow$ Patient Care			
	$\rightarrow$ Practice Based			
with and agrinologic diagonal	Learning			
with endocrinologic diseases.	$\rightarrow$ System Based			
	Learning			

Actively participate in making informed recommendations about preventive, diagnostic, and therapeutic options, and interventions that are based on clinical judgment, scientific evidence, and patient preferences.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based</li> <li>Learning</li> <li>→ System Based</li> <li>Learning</li> </ul>
Communicate effectively with patients and their families and with other providers in all situations, especially around difficult issues such as considering risks and benefits of endocrinologic surgery, or the management of hypercalcemia in end stage malignancy.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Practice Based Learning</li> <li>→ Professionalism</li> </ul>
Provide effective and professional consultation to referring physicians and sustain therapeutic and ethically sound professional relationships with patients, their families, and colleagues.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Professionalism</li> </ul>
Understand and when possible observe endocrinology related procedures including fine needle aspiration of the thyroid, bone mineral density evaluation, and formal visual field evaluation.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based</li> <li>Learning</li> </ul>
Review use of radiology and nuclear medicine imaging in the diagnosis and management of endocrinologic disease.	<ul> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>

# **Outpatient Service**

Endocrinology Clinic			
Identification of common endocrinologic disorders including relevant historical findings, physical findings laboratory findings and associated complications.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based</li> <li>Learning</li> </ul>		
Management of endocrinologic diseases and their associated complications.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based Learning</li> </ul>		
Communicate effectively with patients and their families in all situations, especially around difficult treatment choices.	$\rightarrow$		
Appropriate implementation of preventive care including nutrition counseling and pharmacologic management for diabetes and obesity and for osteoporosis.	<ul> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>		

Bariatric Surgery Unit Clinic	
Understanding clinical features and complications unique to patients being assessed for and undergoing bariatric surgery.	<ul> <li>→ Medical Knowledge</li> <li>→ Practice Based</li> <li>Learning</li> </ul>

Understand the indications for and risks and benefits associated with bariatric	$\rightarrow$	Practice Based
		Learning
surgery.	$\rightarrow$	System Based
		Learning
	$\rightarrow$	Interpersonal And
		Communication
Residents will interact with multi-disciplinary team approach to patient care for bariatric surgery patients.		Skills
	$\rightarrow$	Professionalism
	$\rightarrow$	System Based
		Learning
Communicate officiatively with national and their families in all situations	$\rightarrow$	Interpersonal And
including sensitivity training associated with caring for bariatric surgery		Communication
		Skills
patients.	$\rightarrow$	Professionalism

Didactics	
Attend didactic sessions including journal presentations and when relevant the radiology conferences of the neurology and ophthalmology services.	<ul> <li>→ Practice Based</li> <li>Learning</li> <li>→ Scholarly Activity</li> </ul>
Present interesting cases at conferences at Harlem and at pituitary and pathology conferences at Columbia University with review of pertinent radiologic studies and slides.	$\rightarrow$ Scholarly Activity
Adhere to principles of confidentiality, scientific/academic integrity, and informed consent.	$\begin{array}{rcl} \rightarrow & \text{Professionalism} \\ \rightarrow & \text{Scholarly Activity} \end{array}$

# 3. PRINCIPAL TEACHING METHODS

Residents on the endocrinology service will participate in patient evaluation and management on the inpatient consultation service for the wards and the ICU as well as the outpatient clinics. Every two weeks the endocrine clinic meets in the bariatric surgery unit and residents focus on the pre and post operative endocrinologic evaluation of bariatric surgery patients. Residents also attend didactic sessions conducted or attended by the division.

The inpatient consult service sees patients on the medicine wards as well as on the wards of other services including surgery and obstetrics and gynecology who call for consults, or when recommended by the internal medicine consult service. These patients are discussed with the attending for the service before evaluation and management recommendations are made.

The endocrinology clinic provides an opportunity for residents to participate in the care of patients with common endocrinologic conditions, as well as provides exposure to patients with less common diagnoses. Residents will learn to identify the associated clinical clues, understand how to investigate these patients and identify when to obtain consultation for the management of these patients.

The bariatric surgery clinic provides an opportunity for residents to participate in the care of patients with severe or morbid obesity and its complications. Residents actively participate in the care of pre and post-operative bariatric surgery patients allowing them to understand the challenges that are unique to this subset of patients.

# 4. SUPERVISION OF RESIDENTS BY FACULTY

**Inpatient Consultation Service**: All routine consult cases are presented to and discussed, including for follow-up, with the attending five days a week with attending availability for emergency discussion on all days.

Rounds are conducted at least 2 days per week with the faculty attending physician. Both new and follow-up consults are discussed. All resident notes are reviewed and signed by the attending.

Endocrinology clinic meets on Tuesdays and Thursdays. Residents attend clinics during their endocrinology rotation and as part of their primary care rotations. Every patient is presented to the attending who sees the patient, reviews history, physical exam, and lab tests. The assessment and plan is discussed with the attending physician before the patient leaves the clinic and every note is co-signed by the attending. Phone contact is established and maintained with some of the clinic patients between visits to augment hospital follow-up visits.

# 5. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs periodically through close observation by the assigned teaching attending, who is also provides oral summary evaluations to the residents at the end of the rotation. Residents also receive a written evaluation from the teaching attendings at the conclusion of the rotation via the <u>www.myevaluations.com</u> web based system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system. Residents are also provided with an opportunity to evaluate the assigned teaching faculty.

### 6. SUGGESTED CORE READING LIST AND REFERENCES

(All Blue Text Is Hyperlinked Via The Columbia Library. You Will Need Your UNI to Access These Resources)

#### 6.1 Core Textbooks:

**Harrison's Principles of Internal Medicine** (Available Via CUMC Library Online At <a href="http://www.accessmedicine.com.monstera.cc.columbia.edu:2048/resourceToc.aspx?resourceID=4">http://www.accessmedicine.com.monstera.cc.columbia.edu:2048/resourceToc.aspx?resourceID=4</a>)

#### 6.2 Required Reading:

(	Chapter 332 Principles of Endocrinology
(	Chapter 333 Disorders of the Anterior Pituitary and Hypothalamus
(	Chapter 334 Disorders of the Neurohypophysis
(	Chapter 335 Disorders of the Thyroid Gland
(	Chapter 336 Disorders of the Adrenal Cortex
(	Chapter 337 <u>Pheochromocytoma</u>
(	Chapter 338 <u>Diabetes Mellitus</u>
	Hot Topic: Intensive Glucose Control Does Not Improve Cardiovascular Outcomes
(	Chapter 339 <u>Hypoglycemia</u>
(	Chapter 340 Disorders of the Testes and Male Reproductive System
	Including Multigenic Causes of Hypogonadotropic Hypogonadism
(	Chapter 341 The Female Reproductive System: Infertility and Contraception
(	Chapter 342 The Menopause Transition and Postmenopausal Hormone Therapy
(	Chapter 343 <u>Disorders of Sex Development</u>
(	Chapter 344 Endocrine Tumors of the Gastrointestinal Tract and Pancreas
(	Chapter 345 Disorders Affecting Multiple Endocrine Systems
(	Chapter 346 Bone and Mineral Metabolism in Health and Disease
(	Chapter 347 Diseases of the Parathyroid Gland and Other Hyper- and Hypocalcemic Disorders
(	Chapter 348 Osteoporosis and Management of Glucocorticoid-Induced Osteoporosis
(	Chapter 349 Paget Disease and Other Dysplasias of Bone
(	Chapter 350 Disorders of Lipoprotein Metabolism
,	

#### 6.3 Other Suggested Reading:

- 1. Williams Textbook of Endocrinology, 10th Edition Saunders, 2002 (print and CD-ROM).
- 2. Endocrine Secrets, 4th Edition (M McDermott) Elsevier Mosby 2004
- 3. Principles and Practice of Endocrinology and Metabolism (K. Becker ed.) Lippincott Williams and Wilkins, 2002

- 4. Greenspan's Basic & Clinical Endocrinology, 7th Edition, Appleton & Lange, 2003
- 5. MKSAP 14
- Manual of Endocrinology and Metabolism 3<sup>rd</sup> Edition (N Lavin ed.), Lippincott Williams and Wilkins, 2002

6.4 Online Resources:

- UptoDate:
- MDConsult:
- Endotext:
- American Association of Clinical Endocrinologists:
- Thyroid Disease Manager:

http://www.utdol.com http://www.mdconsult.com http://www.endotext.com http://www.aace.com http://www.thryoidmanager.org

6.5 References (Available In The Endocrinology Office Or The 12th Floor Medicine Library): Greenspan's Basic & Clinical Endocrinology, 7th Ed. Appleton & Lange, 2003. Williams Textbook of Endocrinology, Saunders, 2002

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Gastroenterology Curriculum

# 1. EDUCATIONAL GOALS

The goal of the cardiology rotation is to teach residents to provide quality medical care to patients with peptic ulcer disease, liver disease, inflammatory bowel disease, GI cancers and other problems as well as the associated complications of these disorders in the inpatient and outpatient settings.

# 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

# PGY-2 and PGY-3

Inpatient Consultation Service			
Demonstration of bedside skills necessary for the assessment and on-going	$\rightarrow$ Patient Care		
care of patients with GI problems.	$\rightarrow$ Medical Knowledge		
Identification of common eticlogies, presentations, complications of	$\rightarrow$ Medical Knowledge		
restrointestingland hepatobiliary disorders and their management	$\rightarrow$ Practice Based		
	Learning		
Identify appropriate utilization of the castroenterology subspecialty	$\rightarrow$ Medical Knowledge		
consultation in a cost-effective and evidence based manner	System Based		
	Learning		
	$\rightarrow$ Medical Knowledge		
Understanding and interpretation of the tests and radiological imaging utilized	$\rightarrow$ Patient Care		
in the evaluation, management and monitoring of patients with	$\rightarrow$ Practice Based		
gastrointestinal problem, including use of endoscopy, ultrasound and CT	Learning		
imaging.	$\rightarrow$ System Based		
	Learning		
	$\rightarrow$ Patient Care		
Actively participate in making informed recommendations about preventive	$\rightarrow$ Medical Knowledge		
diagnostic and therapeutic options and interventions that are based on	$\rightarrow$ Practice Based		
clinical judgment, scientific evidence, and patient preferences	Learning		
chinear judgment, seentine evidence, and patient preferences.	$\rightarrow$ System Based		
	Learning		
Communicate effectively with patients and their families in all situations,	$\rightarrow$ Interpersonal And		
	Communication		
especially around difficult issues such as end-of life decision-making in	Skills		
patients with end-stage cirrhosis.	$\rightarrow$ Practice Based		
	Learning		
Provide effective and professional consultation to referring physicians and	$\rightarrow$ Interpersonal And		
sustain therapeutic and ethically sound professional relationships with	Communication		
patients their families and colleagues	Skills		
	$\rightarrow$ Professionalism		
	$\rightarrow$ Patient Care		
Observe and when appropriate participate in gastroenterology-specific	$\rightarrow$ Medical Knowledge		
procedures including endocsopic procedures.	$\rightarrow$ Practice Based		
	Learning		

#### **Outpatient Service**

Gastroenterology Clinic			
	$\rightarrow$ M	edical Knowledge	
Evaluation of nationts with control togical and honotabiliant disorders	→ Pa	atient Care	
Evaluation of patients with gastronnestinal and nepatobiliary disorders.	$\rightarrow$ Pr	actice Based	
	Le	earning	
	$\rightarrow$ M	edical Knowledge	
Identification of signs and symptoms of GERD, peptic ulcer disease, diarrhea		atient Care	
and malabsorption, acute and chronic pancreatitis, small bowel	$\rightarrow$ Pr	actice Based	
malabsorbtion, inflammatory bowel disease and diverticular disease, colon	Le	earning	
cancer.	→ Sy	rstem Based	
	Le	earning	
	$\rightarrow$ M	edical Knowledge	
	→ Pa	atient Care	
Identification of and management of national with abronic problems such as	$\rightarrow$ Pr	actice Based	
here the single sign of and management of patients with chronic problems such as	Le	earning	
nepatius, chinosis, innaninatory bower disease.	→ In	terpersonal And	
	Co	ommunication	
	Sk	tills	

Didactics	
Present case conference involving an interesting patient seen on the inpatients consult service	$\rightarrow$ Scholarly Activity
Adhere to principles of confidentiality, scientific/academic integrity, and informed consent	$\begin{array}{l} \rightarrow  \text{Professionalism} \\ \rightarrow  \text{Scholarly Activity} \end{array}$

# 3. PRINCIPAL TEACHING METHODS

Residents on the gastroenterology service will participate in patient evaluation and management on the inpatient consultation service for the wards as well as the outpatient gastroenterology clinic. Residents will also attend the various didactic sessions conducted/attended by the division.

The inpatient consult service sees patients on the medicine wards as well as the wards of other services including surgery and obstetrics and gynecology. These patients are discussed with the attending for the service before evaluation and management recommendations are made.

# 4. SUPERVISION OF RESIDENTS BY FACULTY

**Inpatient Consultation Service:** Rounds are conducted 5 days per week with the faculty attending physician. Both new and follow-up consults are discussed. All resident notes are signed by the attending.

**Clinics:** Every patient encounter is discussed with the attending physician before the patient leaves the clinic and every note is co-signed by the attending.

#### 5. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs on a daily basis through close observation by the assigned teaching attending, who is also expected to provide formal oral summary evaluations to the residents at the end of the rotation. Residents also receive a written evaluation from the teaching attendings at the conclusion of the rotation via the myevaluations system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system.

# 6. SUGGESTED CORE READING LIST AND REFERENCES

(All Blue Text Is Hyperlinked Via The Columbia Library. You Will Need Your UNI to Access These Resources)

- 6.1.1 Core Textbooks: Harrison's Principles of Internal Medicine (Available Via CUMC Library Online At <u>http://www.accessmedicine.com.monstera.cc.columbia.edu:2048/resourceToc.aspx?resourceID=4</u>)
- 6.1.2 Other Suggested Reading: General

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Geriatrics Curriculum

# 1. EDUCATIONAL GOALS

The goal of curriculum in Geriatrics is to ensure that residents learn the fundamentals of care of elderly patients. To achieve clinical skills to identify medical diseases associated with aging, and altered presentation of disease in elderly.

# 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

# PGY-2 or PGY-3

Geriatrics Learning Objectives			
Residents are expected to be able to evaluate appropriately, presenting complaints such as dizziness, syncope, anxiety/depression, insomnia, incontinence, gait disturbances, memory loss, visual and auditory impairment, inability to cope, falls, etc.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> </ul>		
Residents are expected to be able to analyze the findings on physical exam and laboratory investigations to formulate a differential diagnosis and management plan, keeping in mind that age related changes can impact on disease presentation and complications.	<ul> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> </ul>		
Resident should demonstrate an understanding of the evaluation and management of geriatrics syndromes including dementia, delirium, depression, bowel and bladder incontinence, falls, and polypharmacy.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based Learning</li> <li>→ System Based Practice</li> </ul>		
Residents are expected to be able to order tests appropriately. A risk benefit analysis should be performed before technically complex invasive procedures are considered.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> </ul>		
Residents are expected to perform a detailed evaluation with emphasis on clinical signs of malnutrition, mental status, special senses such as vision and hearing, gait, musculoskeletal system, pressure sores, and signs of physical abuse. Resident should be able to perform a functional assessment.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ System Based Practice</li> </ul>		
Participate in the conferences organized by Geriatrics Division.	→ Medical Knowledge		

# 3. PRIMARY TEACHING METHODS AND SETTINGS

Residents will encounter elderly patients on inpatient units, continuity clinic, Geriatrics clinic and providing inpatient consultations on medical and other services. Resident performs a history and physical examination which must include review of medications, geriatric assessment, functional and mental status. Based on the data collected, the resident formulates a diagnosis and management plan. Resident then presents the case to the attending physician, who verifies the findings, critiques the presentation and provides education, with discussion of pathophysiology of diseases, altered drug metabolism and special needs of elderly.

# 4. COMPETENCIES

Residents are expected to develop competencies that are relevant to problems of elderly and address all six (6) Internal Medicine Core Competencies. Specific examples are listed below:

- a. Patient Care: Residents are expected to complete evaluations on patient as outlined above. Elderly individual are vulnerable and may be victims of physical or emotional abuse. This condition is unfortunately under recognized. While evaluating patients the residents must be alert, so as not to overlook signs of abuse. In addition, residents should appreciate that elderly are more prone to complications in the hospital such as pressure ulcers, incontinence, deconditioning and appropriate preventive measures should be put in place. Goals for diagnosis must be established based on previously expressed wishes if patient lacks decisional capacity, and discussion with family when appropriate. There is no other patient population in which knowledge of patient preferences is more important. Because most of the information regarding medication use comes from studies on patients who are not elderly or debilitated, recommendations from the studies must be applied cautiously to the patient being treated. Protocols must be adjusted for patient's age and comorbid conditions. Residents should also be aware if there are any environmental factors in patient's environment that pose a risk to patient health and give appropriate advice to caregiver, e.g. rugs that the patient can trip over, poor lighting, and unusable appliances.
- b. Medical Knowledge: Evidence based approach is important when treating patient of any age. However, patients above a certain age and with chronic conditions are specifically excluded from the clinical trials. Medical literature should be carefully and critically read when caring for elderly patients.
- c. Practice Based Learning and Improvement: Residents are expected to analyze their experience in taking care of elderly patients to determine how care of elderly differs from young patient with same medical condition. Some of the concepts outlined above such as altered drug metabolism, propensity to fall, nutritional status influence physician's action and patient's response to treatment. Resident should be always mindful of these concepts and continue to improve their practice.
- d. Interpersonal and Communication Skills: Dementia, delirium, hearing impairment and depression may be encountered more frequently in elderly and pose challenges to the doctor-patient relationship. These challenges should be met by effective listening, attention to non verbal clues and narrative skills to communicate with patient and family/caregiver.
- e. Professionalism: Residents are expected to demonstrate a respect for elderly patients' dignity, privacy and confidentiality. Sensitivity to issues related to patient's age is essential.
- System Based Practice: Elderly patients usually require more services including rehabilitation, social f. services, home care, transportation, long term care etc. Residents are expected to have an understanding of the system and be able to collaborate with other members of the team to provide optimal care to elderly individuals.

# 5. DIDACTIC EXPERIENCE

The faculty in Geriatrics Division participates in all educational activities offered in the program such as Morning Report, Core conferences, Morbidity and Mortality conferences and Grand Rounds. Residents are expected to attend all of the educational activities. Some of the topics covered in the conferences include:

a. Dementia/ Delirium

b.

c.

a.

- d. Falls Osteoporosis e.
- g. Age Related Biological Changes
- h. Pressure Ulcers

Constipation In Elderly

Articles from Syllabus

Urinary Incontinence

f. Advance Directives

#### SUGGESTED READING 6.

- b. Geriatric Section from Textbooks of Medicine
- 7. EVALUATION

Residents are given verbal feedback on ongoing basis and provided a written evaluation at the end of the rotation in Geriatrics service. Residents are also expected to evaluate their own performance at the end of the rotation and at periodic intervals to assess if learning objectives are being met.

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Hematology and Oncology Curriculum

# 1. EDUCATIONAL GOALS

The goal of the hematology/oncology rotation is to teach residents to provide quality medical care to patients with benign and malignant hematologic diseases as well as solid tumors in the inpatient and outpatient settings.

# 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

# PGY-2 and PGY-3

Demonstration of bedside skills necessary for the assessment and on-going care of patients with hematologic and oncologic disorders.       → Patient Care         Identification of the risk factors, presentations, screening modalities, and complications of hematologic and oncologic disorders and their management.       → Medical Knowledge         Identify appropriate utilization of the hematology and oncology subspecialty consultation in a cost-effective and evidence based manner.       → Medical Knowledge         Understanding of the tests (e.g. blood film) and radiological imaging utilized in the evaluation, management and monitoring of patients with hematologic and oncologic disorders.       → Medical Knowledge         Actively participate in making informed recommendations about preventive, diagnostic, therapeutic options, and interventions that are based on clinical judgment, scientific evidence, and patient preferences.       → Medical Knowledge         Practice Based Learning       → Practice Based Learning         Communicate effectively with patients and their families in all situations, especially around difficult issues such as palliative and hospice care.       → Medical Knowledge         Provide effective and professional consultation to referring physicians and sustain therapeutic and ethically sound professional relationships with patients, their families, and colleagues.       → Interpersonal And Communication Skills         Participate in hematology specific procedures including interpretation of the beat families and biopsy.       → Prateice Based Learning         Provide effective and professional consultation to referring physicians and sustain therape	Inpatient Consultation Service			
care of patients with hematologic and oncologic disorders.       →       Medical Knowledge         Identification of the risk factors, presentations, screening modalities, and complications of hematologic and oncologic disorders and their management.       →       Medical Knowledge         Identify appropriate utilization of the hematology and oncology subspecialty consultation in a cost-effective and evidence based manner.       →       Medical Knowledge         Understanding of the tests (e.g. blood film) and radiological imaging utilized in the evaluation, management and monitoring of patients with hematologic and oncologic disorders.       →       Medical Knowledge         Actively participate in making informed recommendations about preventive, diagnostic, therapeutic options, and interventions that are based on clinical judgment, scientific evidence, and patient preferences.       →       Patient Care         Ormunicate effectively with patients and their families in all situations, especially around difficult issues such as palliative and hospice care.       →       Interpersonal And Communication Skills         Provide effective and professional consultation to referring physicians and sustain therapeutic and ethically sound professional relationships with patients, their families, and colleagues.       →       Patient Care         Patient families, and colleagues.       →       Pratice Based       Learning         Patients, their families, and colleagues.       →       Pratice Based       Learning         Patient Care       →       Pratice Based </td <td>Demonstration of bedside skills necessary for the assessment and on-going</td> <td><math>\rightarrow</math> Patient Care</td>	Demonstration of bedside skills necessary for the assessment and on-going	$\rightarrow$ Patient Care		
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# **Outpatient Service**

Hematology Clinic		
Evaluation and management of patients with blood dyscrasias (e.g. anemia, thrombocytopenia, leukocytosis).	$\rightarrow$ Medical Knowledge	
	$\rightarrow$ Patient Care	
	$\rightarrow$ Practice Based	
	Learning	
Evaluation and management of patients with coagulation abnormalities.	$\rightarrow$ Medical Knowledge	
	$\rightarrow$ Patient Care	
	$\rightarrow$ Practice Based	
	Learning	
	$\rightarrow$ System Based	
	Learning	
Evaluation and management of patients with malignant hematologic disorders (lymphoproliferative and myeloproliferative disorders).	$\rightarrow$ Medical Knowledge	
	$\rightarrow$ Patient Care	
	$\rightarrow$ Practice Based	
	Learning	
	$\rightarrow$ Interpersonal And	
	Communication	
	Skills	

Oncology Clinic		
Identification of the common solid tumors (breast, lung, colon, prostate) and their clinical manifestations and complications.	$\rightarrow$	Medical Knowledge
	$\rightarrow$	Patient Care
	$\rightarrow$	Practice Based
		Learning
Management of solid tumors with chemotherapy and its associated complications.	$\rightarrow$	Medical Knowledge
	$\rightarrow$	Patient Care
	$\rightarrow$	Practice Based
		Learning
Identification and management of familial cancer syndromes.	$\rightarrow$	Medical Knowledge
	$\rightarrow$	Patient Care
	$\rightarrow$	Practice Based
		Learning
Appropriate implementation of health maintenance for cancer patients (secondary cancer screening, long-term effects of cancer treatment).	$\rightarrow$	Medical Knowledge
	$\rightarrow$	Practice Based
		Learning
	$\rightarrow$	System Based
		Learning

Didactics		
Attend didactic sessions including morphology rounds, multidisciplinary tumor board, and clinical case conferences.	$\rightarrow$ $\rightarrow$	Practice Based Learning Scholarly Activity
Present case conferences involving interesting patients seen on the consult service.	$\rightarrow$	Scholarly Activity
Adhere to principles of confidentiality, scientific/academic integrity, and informed consent.	$\rightarrow$ $\rightarrow$	Professionalism Scholarly Activity

#### 3. PRINCIPAL TEACHING METHODS

Residents on the hematology/oncology service will participate in patient evaluation and management on the inpatient consultation service for the wards and the ICU as well as the outpatient hematology clinic and oncology. Residents will also attend the various didactic sessions conducted/attended by the division.

The inpatient consult service sees patients on the medicine wards as well as the wards of other services including surgery and obstetrics and gynecology when recommended by the internal medicine consult service. These patients are discussed with the hematology/oncology fellow assigned to the service as well as the attending for the service before evaluation and management recommendations are made.

The hematology clinic provides an opportunity for residents to participate in the care of patients with common benign hematologic conditions such as sickle cell disease, anemia and thrombocytopenia and coagulation disorders. Residents will learn to identify the clinical investigations necessary to evaluate these patients, and when to obtain a hematology consultation.

The oncology clinic provides an opportunity for residents to participate in the care of patients with cancer and its complications. Residents will learn the basic epidemiology, screening, staging and management of patients with solid tumors.

# 4. SUPERVISION OF RESIDENTS BY FACULTY

**Inpatient Consultation Service:** Rounds are conducted 5 days per week with the faculty attending physician. Both new and follow-up consults are discussed. All resident notes are signed by the attending.

**Clinics:** Every patient encounter is discussed with the attending physician before the patient leaves the clinic and every note is co-signed by the attending.

# 5. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs on a daily basis through close observation by the assigned teaching attending, who is also expected to provide formal oral summary evaluations to the residents at the end of the rotation. Residents also receive a written evaluation from the teaching attending at the conclusion of the rotation via the myevaluations system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system.

#### 6. SUGGESTED CORE REFERENCE TEXTBOOKS (Available In The Hematology/Oncology Laboratory)

- Cancer: Principles and Practice of Oncology 8<sup>th</sup> edition, edited by DeVita et. al. Lippincott Williams & Wilkins. 2008
- Harrison's Principles of Internal Medicine 16th edition, edited by Braunwald et. al. McGraw Hill. 2005
- Williams Hematology 7th edition, edited by Beutler et. al. McGraw Hill. 2006

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Infectious Diseases Curriculum

# 1. EDUCATIONAL GOALS

The Harlem Hospital Division of Infectious Diseases offers a rich and comprehensive experience in the field of infectious diseases. The goal of the rotation is to teach and guide the residents to acquire an understanding of the approach to patients with infections, master the art of careful follow-up of patients, interpret basic laboratory data related to infectious diseases and become familiar with core knowledge related to infectious diseases. In addition, learn the importance of working in close collaboration with other services such as Pathology, Microbiology, Pharmacy, Antibiotic Control Program and the Infection Control Programs.

### 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

#### PGY-2 and PGY-3

Inpatient Consultation Service	
Demonstration of bedside skills necessary: To identify infectious diseases and their complications. To describe appropriate evaluations for these conditions. To appropriately assess patients with theses conditions. To recognize methods to appropriately monitor such patients and response to treatment.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \\ \rightarrow  \text{Professionalism} \end{array}$
Identification of common etiologies, presentations, complications of core infectious diseases and their management.	<ul> <li>→ Medical Knowledge</li> <li>→ Practice Based</li> <li>Learning</li> </ul>
Identify appropriate utilization of the infectious diseases subspecialty consultation in a cost-effective and evidence based manner.	<ul> <li>→ Medical Knowledge</li> <li>→ System Based Learning</li> </ul>
Understanding and interpreting some of the common and basic laboratory investigations such as Gram Stain, special stains and culture results, antibiotic susceptibility, HIV RNA, CD4 cell interpretation, and radiological imaging utilized in the evaluation, management and monitoring of patients with infectious diseases.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
Actively participate in making informed recommendations about preventive, diagnostic, and therapeutic options, and interventions that are based on clinical judgment, scientific evidence, and patient preferences.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based</li> <li>Learning</li> <li>→ System Based</li> <li>Learning</li> </ul>
Communicate effectively with patients and their families with regards to diagnosis and treatment options related to infectious diseases while preserving patient confidentiality.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Practice Based Learning</li> <li>→ Professionalism</li> </ul>

Provide effective and professional consultation to referring physicians and sustain therapeutic and ethically sound professional relationships with patients, their families, and colleagues.	$\rightarrow$	Interpersonal And Communication Skills Professionalism
Understand the proper collection technique and appropriate transportation of specimens for culture from various sites.	$\begin{array}{c} \rightarrow \\ \rightarrow \\ \rightarrow \end{array}$	Patient Care Medical Knowledge Practice Based Learning
Understand basic Infection control practices and appropriate isolation practices.	$\begin{array}{c} \rightarrow \\ \rightarrow \\ \rightarrow \\ \rightarrow \end{array}$	Patient Care Medical Knowledge Practice Based Learning System Based Learning

# Ambulatory Care Service

Infectious Diseases Clinic /HIV Clinic		
To identify infectious diseases and their complications.	$\begin{array}{rcl} & \rightarrow & \text{Medical} \\ & \rightarrow & \text{Patient O} \\ & \rightarrow & \text{Practice} \\ & & \text{Learning} \end{array}$	Knowledge Care Based
To appropriately assess patients with theses conditions To identify signs and symptoms acute and chronic infections.	<ul> <li>→ Medical</li> <li>→ Patient 0</li> <li>→ Practice</li> <li>Learning</li> <li>→ System I</li> <li>Learning</li> <li>→ Profession</li> </ul>	Knowledge Care Based 3 3ased 3 onalism
To describe appropriate evaluations for these conditions.	<ul> <li>→ Medical</li> <li>→ Patient 0</li> <li>→ Practice Learning</li> <li>→ Interper Commu Skills</li> </ul>	Knowledge Care Based 5 sonal And nication
Understanding and interpreting some of the common and basic laboratory investigations such as Gram Stain, special stains and culture results, antibiotic susceptibility, HIV RNA, CD4 cell count, basic genotype/phenotype interpretation, and radiological imaging utilized in the evaluation, management and monitoring of patients with infectious diseases.	<ul> <li>→ Medical</li> <li>→ Patient 0</li> <li>→ Practice</li> <li>Learning</li> <li>→ System I</li> <li>Learning</li> </ul>	Knowledge Care Based 3 3ased 3
To develop management plans that take into account medical, social and psychosocial status of the patient.	<ul> <li>→ Medical</li> <li>→ Patient 0</li> <li>→ Practice</li> <li>Learning</li> <li>→ Interper</li> <li>Commu</li> <li>Skills</li> <li>→ System I</li> <li>Learning</li> </ul>	Knowledge Care Based 5 sonal And nication Based 5

	$\rightarrow$	Medical Knowledge
To recognize methods to appropriately monitor patients and to monitor response to treatment. To provide continuity of care.	$\rightarrow$	Patient Care
	$\rightarrow$	Practice Based
		Learning
	$\rightarrow$	Interpersonal And
		Communication
		Skills
	$\rightarrow$	System Based
		Learning
	$\rightarrow$	Practice Based
To identify local and community resources to assist in patient management.		Learning
	$\rightarrow$	Interpersonal And
		Communication
		Skills
	$\rightarrow$	System Based
		Learning

Didactics		
Attend didactic sessions including journal club, clinical case conference, ID	$\rightarrow$	Practice Based
monthly grand rounds, monthly morbidity / mortality conference and		Learning
research conference.	$\rightarrow$	Scholarly Activity
Present at case conferences and journal club.	$\rightarrow$	Scholarly Activity
	$\rightarrow$	Medical Knowledge
	$\rightarrow$	Interpersonal And
		Communication
		Skills
	$\rightarrow$	Practice Based
		Learning
Adhere to principles of confidentiality, scientific/academic integrity, and	$\rightarrow$	Professionalism
informed consent.	$\rightarrow$	Scholarly Activity

#### **Core Diseases:**

- HIV disease
- Tuberculosis
- Upper and lower respiratory infections
- Gastrointestinal infections
- Infections of the nervous system
- Ocular infections
- Skin and soft tissue infections
- Urinary tract infections
- Infections in the immunosuppressed host

#### **Principal Teaching Methods and Venues:**

- Inpatient Infectious Disease and HIV consult services
- Infectious Diseases/HIV clinic
- Tuberculosis management through inpatient consultation
- Daily teaching rounds in which consultations are discussed in detail and didactic presentations are made
- Weekly didactic Infectious Disease conference at Harlem Hospital

- Infections associated with travel
- Passive and active immunization practices
- Sexually transmitted diseases
- Infections in the intensive care units
- Healthcare associated infections
- Parasitic infections
- Mechanisms of microbial resistance
- Functions of the immune system

- Weekly journal club at Harlem Hospital
- Twice weekly didactic ID conference at New York Presbyterian Medical Center
- Monthly ID grand rounds

#### 3. SUPERVISION OF RESIDENTS BY FACULTY

**Inpatient Consultation Service:** Rounds are conducted 5 days per week with the faculty attending physician. Both new and follow-up consults are discussed. All resident notes are signed by the attending physician.

**Clinics:** Every patient encounter is discussed with the supervising attending physician before the patient leaves the clinic and every note is co-signed by the attending physician.

#### 4. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs on a daily basis through close observation by the assigned teaching faculty. At the end of the rotation, the attending physician will provide a formal oral summary evaluation as well as a written evaluation via "myevaluations" system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system.

#### 5. SUGGESTED CORE READING LIST

#### **Core Textbooks:**

**Harrison's Principles of Internal Medicine** (*Available Via CUMC Library Online At* <u>http://www.accessmedicine.com.monstera.cc.columbia.edu:2048/resourceToc.aspx?resourceID=4</u>)</u>

#### Required Reading:

#### Part 7. Infectious Diseases

Section 1: Basic consideration in Infectious diseases. Chapters 113, 114, 115, 116, Section 2: Clinical syndromes: Community acquired infections Chapters 118 to 124 Section 3: Health care associated infections Chapters 125, 126 Section 4: Approach to therapy for bacterial diseases Chapters 127 Section 5: Diseases caused by Gram - positive bacteria Chapters 128 to 135 Section 6: Diseases caused by Gram - negative bacteria Chapters 136 to 154 Section 7: Miscellaneous bacterial infections Chapters 155 to 157 Section 8: Mycobacterial diseases Chapters 158 to 161 Section 9: Spirochetal diseases Chapters 162 to 166 Section 10: Diseases caused by Rickettsiae, Mycoplasmas, & Chlamydiae Chapters 167 to 169 Section 11 & 12: Viral diseases Chapters 170 to 178 Section 13: Infections due to respiratory viruses Chapters 179 & 180 Section 14: Infections due to HIV

Chapters 181 & 182 Section 15: Infections due to RNA viruses Chapter 183 to 190 Section 16: Fungal and Algal infections Chapters 191 to 200 Section 17, 18 and 19: Protozoal and Helminthic infections Chapters 201 to 213 **Part 8. Bioterrorism and Clinical Medicine** Chapters 214

### **Other Suggested Reading:**

- 1. Principles and Practice of Infectious Diseases Mandell, Douglas and Bennet
- 2. A practical Approach to Infectious Diseases Betts, Chapman and Penn
- 3. Medical Management of HIV Infection Bartlett & Gallant
- 4. Handbook of Antibiotics Reese, Betts & Gumustop
- 5. APIC Handbook of Infection Control

#### **Useful Medical Websites:**

Infectious Diseases Society of America - www.idsociety.org American Society of Microbiology - www.asmuse.org American Academy of HIV Medicine - aahivm.org International AIDS Society - www.iasusa.org Centers for Disease Control - www.cdc.gov Travelers' Health | CDC - wwwn.cdc.gov/travel/ CDC Emergency Preparedness & Response Site - www.bt.cdc.gov/ CDC's Journal of Emerging Infectious Diseases - www.cdc.gov/ncidod/EID/index.htm Morbidity & Mortality Weekly Report - www.cdc.gov/mmwr AIDS Info Web Site - http://AIDSinfo.nih.gov National Institute of Allergy and Infectious Diseases - www.niaid.nih.gov Infectious Diseases Links - www.idlinks.com Society of Healthcare Epidemiology of America - www.shea-online.org Association for Professionals in Infection Control & Epidemiology (APIC) - www.apic.org National Institute of Health - www.nih.gov National Library of Medicine - www.nlm.nih.gov Food & Drug Administration - www.fda.gov Dept. of Health & Human Services - www.os.dhhs.gov MedScape - www.medscape.com Immunization Action Coalition - www.immunize.org Clinical Infectious Diseases Journal - www.journals.uschicago.edu/CID New England Journal of Medicine - www.nejm.org Infection Control & Hospital Epidemiology - www.journals.uchicago.edu/loi/iche National Clinicians' Post-Exposure Prophylaxis Hotline - http://www.ucsf.edu/hivcntr/

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Inpatient Medicine Curriculum

# 1. EDUCATIONAL GOALS

The goal of the inpatient medicine rotation at Harlem Hospital Medical Center is to provide a comprehensive clinical training while delivering care to the community in a venerable city institution. The inpatient ward experience will provide residents with the opportunity to develop the core medical competencies through a combination of direct patient care, bedside teaching rounds, independent and guided reviews of the medical literature, rotation syllabi, as well as didactic sessions. A graduate of this program will be well-equipped with the skills both to care for patients in a primary care or specialized setting, and well as with the skills needed to interpret the complex and continuous body of medical literature essential to maintaining high-quality medical practice. The following in a statement of the core clinical competencies of internal medicine as well as the stated goal of the ACMGE (Accreditation Council for Graduate Medical Education), followed by the specific tasks expected on the inpatient service by year, and how these tasks align with the stated ACGME goals.

# A. THE CORE VALUES OF INTERNAL MEDICINE

# Humanism

#### Specific Competencies:

- Create and sustain doctor-patient relationships that maximize the likelihood of the best outcome for the patients and the greatest personal satisfaction for the physician.
- In dealing with dying patients, demonstrate knowledge and skill in obtaining and interpreting advanced directives for care at the end of life, and in providing comfort care, including managing the patient's pain and anxiety and the family's grief.
- Recognize and appropriately manage so-called "difficult patients", including their personality disorders and problematic behavioral patterns.
- Understand one's own personal reactions to difficult situations; use these reactions to generate explanatory hypotheses and to understand potential barriers to communication.
- Understand the concept of the health belief model; know how to elicit it and how to work constructively in a patient-centered way with persons from different cultural groups.

# Professionalism

Professionalism is a core set of values, attitudes, and behaviors that motivate physicians to make the interests of patients and society their first priority. The elements of professionalism, which have been identified by the American Board of Internal Medicine, from which this list is drawn, encompass: 1) a commitment to the highest standards of excellence in the practice of medicine and in generating and disseminating knowledge; 2) a commitment to seek to know the interests of individual patients and to protect their interests; and 3) a commitment to be responsive to the health needs of society. These elements require residents to acquire the competencies that are listed below.

- Demonstrate a personal sense of altruism by consistently acting in one's patients' best interest.
- Maintain accountability to the patient, to society, and to the profession by fulfilling all agreements, both written and implied.

- Show a commitment to standards for lifelong excellence by continuously adding to one's knowledge of medicine and drawing the distinction between knowledge that is based on high-quality evidence and knowledge from anecdote and personal experience.
- Demonstrate a sustained commitment to service by accepting inconvenience to meet patients' needs, advocating for the best possible care for every patient, seeking active roles in professional organizations, and volunteering one's skills and expertise to advance the welfare of patients and the community.
- Demonstrate honesty and integrity through one's behaviors by recognizing and avoiding conflicts of interest and relationships and by refusing to allow personal gain to supersede the best interest of patients.
- Behave with high regard and respect for colleagues, other members of the health care team, and patients and their families.

# Medical Ethics<sup>12</sup>

As with professionalism, medical ethics set forth a core set of principles guiding the patient-doctor interaction. The primary interests of physicians should be:

- Promotion of the health and well-being of their patients
- Advancement of biomedical knowledge through research
- Education of future physicians and health care providers
- Promotion of the public health

Residents Should Show Mastery Of The Core Principles Of Medical Ethics As Listed Below:

The Four Main Principles of Medical Dilemmas

- 1. Autonomy
- 2. Malfeasance
- 3. Beneficence
- 4. Justice

<sup>&</sup>lt;sup>1</sup> Cecil's Medicine 23<sup>rd</sup> Edition, pp 3-10

<sup>&</sup>lt;sup>2</sup> AMA <u>http://www.ama.com.au/node/2803</u> "The Role of the Medical Practitioner in End of Life Care -2007"

Informed Consent, Including:

- 1. Diagnosis and prognosis
- 2. Nature of proposed intervention
- 3. Reasonable alternative interventions
- 4. Risks associated with alternative interventions
- Consideration of termination of care.
  - The AMA (American Medical Association) position on euthanasia especially as it relates to providing high-quality end-of-life care.
- Financial conflicts of interests as they may interfere with the primary interests of physicians.

# **B. THE MEDICAL INTERVIEW OR HISTORY**

#### Specific Competencies:

- Understand that the medical history has several stages the opening, the characterization of symptoms and life setting, the review of symptoms, and the closing: each requires mastery
- Understand the interview's several functions: eliciting the data, pointing toward a diagnosis, forging a relationship, and healing.
- Shape the interview to fit the individual characteristics of the patient and the patient's illness or symptoms.
- Elicit the patient's history (story) and the context (family, occupational and social milieu) in which the illness or symptoms occur.
- Be alert to the patient's verbal and nonverbal behaviors, which are often the way to obtaining the clearest, most consistent narrative of the illness or symptoms.
- Develop verbal and nonverbal communication skills in order to facilitate communication, elicit the emotional content of the interview, and provide comfort.
- Overcome barriers to communication, including those derived from cultural differences or physical and mental impairment.
- Use the interview to identify cognitive impairment, anxiety, denial, and defensiveness; be able to manage each during the interview.
- Take a history of sensitive topics such as alcoholism, substance abuse, and sexual functioning and sexuality.
- Engage the patient as an ally in treatment planning.

# C. PHYSICAL DIAGNOSIS

- Understand how to apply the concept of operating characteristics (specificity, sensitivity, and likelihood ratios) to the interpretation of physical examination findings.
- Understand the pathophysiologic explanation for common physical findings.
- Know when to *abandon* a physical finding because new evidence has impugned its validity and when to *adopt* new findings that have been shown to be clinically useful.
- Examine patients efficiently and systematically, maximizing accuracy and completeness, ensuring that the patient is comfortable, and protecting the patient's modesty.
- Use the physical examination in the context of the entire clinical database to evaluate the patient efficiently and effectively.
- Know the content of the screening physical examination that is appropriate for each patient's age, sex, and particular risk factors.

- 5. Benefits associated with each alternative intervention and
- 6. Probable outcomes of each alternative intervention

- Utilize repeated, focused physical examinations to follow the course of a patient's illness.
- Use physical findings to make decisions in settings that do not allow for extensive diagnostic testing.

### D. INTERPRETATION OF DIAGNOSTIC TESTS

Specific Competencies:

Be Able To Inspect And Interpret, or "Read," Data From:

- $\Box$   $\Box$  Chest x-ray
- □ □ Abdominal flat plate and upright x-ray
- $\Box$  Arterial blood gases
- □ □ Serum electrolytes and routine
  - chemistry panel

Liver function tests
 Coagulation studies
 Urine analysis
 Peripheral smear
 Electrocardiogram

### E. CLINICAL METHOD

#### Specific Competencies:

- Demonstrate skill in generating hypotheses early in the interview by integrating the patient's demographic characteristics, the initial complaint, his or her appearance, and other information into a preliminary diagnostic opinion.
- Obtain appropriate data from the interview, physical examination and diagnostic tests to support or refute the leading hypotheses.
- Accurately scan for asymptomatic diseases and their risk factors, applying evidence-based preventive health guidelines to the patient's population, preferences and personal agenda.
- Demonstrate diagnostic strategies that deal with ambiguous or incomplete data by the application of probabilistic reasoning, all the while being aware of not-to-be-missed diagnoses.
- Utilize the literature, expert opinion and colleagues to support one's diagnostic process.
- Function as a personal health manager to organize, arrange and monitor effective delivery of health services, particularly when patients have chronic or complicated illness.
- Maintain accurate records, communicate effectively with other providers, and bridge the gaps that can occur when the focus of care shifts between office, hospital, home or chronic care facility.

# F. CLINICAL EPIDEMIOLOGY AND QUANTITATIVE CLINICAL REASONING

- Understand how bias and chance affect the accuracy of observations on individual patients.
- Assess the validity of original research concerning diagnosis, prognosis, treatment, and prevention.
- Know the strengths and weaknesses of randomized clinical trials, case-control studies, cohort studies (retrospective, prospective), and meta-analyses.
- Demonstrate a practical strategy for judging the validity of colleagues' synthesis of clinical evidence (for example, review articles, continuing medical education courses, or consultant advice).
- Understand the meaning, uses, and limitations of statistical power, *P* values and confidence intervals, relative risk, attributable risk, and "number needed to treat".
- Understand how to estimate the pretest probability of a disease and how to use Bayes' theorem to estimate post-test probability.
- Define and use sensitivity, specificity, and likelihood ratios of diagnostic information.
- Know and be able to detect potential biases in estimates of sensitivity and specificity.
- Understand the value of decision trees and expected value decision making.
- Know how to measure patients' preferences.

• Understand and utilize sensitivity analysis and cost effectiveness analysis.

# G. CLINICAL PHARMACOLOGY

Specific Competencies:

- Know the basic pharmacokinetic parameters of drugs; apply this knowledge to drug monitoring and drug dosage regimen design and adjustment.
- Describe a pharmacotherapeutic approach that includes definition of therapeutic objectives and options, selection of dose and parameters to monitor, and measurement of therapeutic outcome.
- Be able to evaluate the individual patient's therapeutic response by monitoring drug levels, pharmacologic effects, and adverse reactions and by assessing individual variability in drug metabolism.
- Know when to alter drug dosage because of altered drug disposition or conditions that place the patient at unusual risk.
- Know the principles of adverse drug reactions, drug allergies, and drug interactions and how the characteristics of the patient may alter them.
- Know how to use pharmacologic principles and information from poison control centers to diagnose and mange poisonings and drug overdose.

# H. THE MANAGEMENT OF THE QUALITY OF HEALTH CARE

Specific Competencies:

- Know methods for evaluating the effectiveness and efficiency of one's practice patterns.
- Be able to describe how to use comparative data to measure variations in practice and thus identify best medical practices.
- Know some of the standard measures of care (for example, functional status, return to work rates, measures of morbidity) and how to obtain them.
- Know how to interpret the analytic tools utilized in quality improvement (for example, flow charts, fishbone diagrams, control charts).
- Be able to describe the methods used by external agencies and third-party payers to evaluate quality of care.
- Know the method used to develop practice guidelines and critical pathways and how physicians use them in the management of disease.
- Be able to describe how to develop a quality improvement project.
- Know how to lead a health care team that is trying to improve the quality of its services (understand team behavior, working with a team, and reshaping a team).

# I. LIFELONG LEARNING

- Develop a personal method for "keeping up" with new advances and changes in knowledge.
- Participate actively in didactic programs and other learning experiences organized within a residency program.
- Maintain an attitude of healthy skepticism and curiosity, as evidenced by thoughtful questioning, independent study, and critical analysis of published materials.
- Demonstrate facility in using electronic databases, literature retrieval services, and computer-based diagnostic reasoning programs.
- Be able to critically appraise the medical literature, identifying the strengths and weaknesses of an article and its relevance to one's patient population.

# J. METHODS AND VENUES

Many sources contribute to the educational experience in the inpatient service.

The team structure on the inpatient ward, including first and second-year residents, permits residents to have "graded responsibility" for decisions regarding patient care. There are three separate inpatient ward experiences, all of which are general inpatient medical ward experiences. In each of these ward rotations, the attending physician is directly involved with patient care on a daily basis. Attendings may be general internists or specialists in internal medicine. All teaching rounds focus on the patient and include bedside teaching of history and physical examination. Teaching rounds also provide an opportunity to refine case presentation skills, discuss appropriate selection of diagnostic tests and management strategies, review pathophysiology, relevant medical literature related to the presented case, and teach psychosocial issues related to patient care.

# K. PROCEDURAL SKILLS

Be Able To Identify Proper Indications And Safely Perform:

- Lumbar Puncture
- Thoracentesis
- Paracentesis
- Nasogastric Intubation
- Foley Catheter Placement
- Insertion Of Intravenous Catheters (Peripheral And Central)
- Arterial Puncture
- Arthrocentesis

# **ACGME Core Competencies**

In July 2001, the Accreditation Council for Graduate Medical Education (ACGME) introduced six newly defined areas in which residents must attain competence over the course of their training. The competencies and their definitions are listed below:

- 1. *Patient Care* Residents are expected to provide patient care that is compassionate, appropriate and effective for the promotion of health, prevention of illness, treatment of disease and end of life care.
  - Gather accurate, essential information from all sources, including medical interviews, physical examination, medical records, and diagnostic/therapeutic procedures.
  - Make informed recommendations about preventive, diagnostic, and therapeutic options, and interventions that are based on clinical judgment, scientific evidence, and patient preferences.
  - Develop, negotiate and implement patient management plans.
  - Perform competently the diagnostic procedures considered essential to the practice of general internal medicine.
- 2. *Medical Knowledge* Residents are expected to demonstrate knowledge of established and evolving biomedical, clinical and social sciences, and demonstrate the application of their knowledge to patient care and education of others.
  - Apply an open-minded and analytical approach to acquiring new knowledge.
  - Develop clinically applicable knowledge of the basic and clinical science that underlies the practice of internal medicine.
  - Apply this knowledge in developing critical thinking, medical education, clinical problem solving, and clinical decision-making skills.
  - Access and critically evaluate current medical management and scientific evidence and modify knowledge base accordingly.
- 3. *Practiced-Based Learning and Improvement* Residents are expected to be able to use scientific methods and evidence to investigate, evaluate, and improve their patient care practices.
  - Identify areas for improvement and implement strategies to improve their knowledge, skills, attitudes, and processes of care.
  - Analyze and evaluate their practice experiences and implement strategies to continually improve the quality of their patient practices.
  - Develop and maintain a willingness to learn from errors and use errors to improve the system or processes of care.
  - Use information technology or other available methodologies to access and manage information and support patient care decisions and their own educations.
- 4. *Interpersonal Skills and Communication* Residents are expected to demonstrate interpersonal and communication skills that enable them to establish and maintain professional relationships with patients, patients' families, and other members of health care team.
  - Provide effective and professional consultation to other physicians and health care professionals and sustain therapeutic and ethically sound professional relationships with patients, their families, and colleagues.
  - Use effective listening, nonverbal, questioning, and narrative skills to communicate with patients and families.
  - Interact with colleagues, staff, and consultants in a respectful and appropriate manner.
  - Maintain comprehensive, timely, and legible medical records.
- 5. **Professionalism** Residents are expected to demonstrate behaviors that reflect a commitment to continuous professional development, ethical practice, an understanding and sensitivity to diversity and a responsible attitude toward their patients, their profession, and society.
  - Demonstrate respect, compassion, integrity, and altruism in their relationships with patients, families, and colleagues.
  - Demonstrate sensitivity and responsiveness to patients and colleagues, including gender, age, culture, religion, sexual preference, socioeconomic status, beliefs, behavior, and disabilities.
  - Adhere to principles of confidentiality, scientific/academic integrity, and informed consent.
  - Recognize and identify deficiencies in peer performance.
- 6. *Systems-Based Practice* Residents are expected to demonstrate an understanding of the contexts and systems in which health care is provided, and demonstrate the ability to apply this knowledge to improve and optimize health care.
  - Understand, access, and utilize the resources and providers necessary to provide optimal care.
  - Understand the limitations and opportunities inherent in various practice types and delivery systems, and develop strategies to optimize care for the individual patient.
  - Apply evidence-based, cost-conscious strategies for prevention, diagnosis, and disease management.
  - Collaborate with other members of the health care team to assist patients in dealing effectively with complex systems and to improve systemic processes of care.

## 2. PGY-1 INPATIENT MEDICINE ROTATION (Specific Objectives with Corresponding ACGME Competencies)

Rotation Specific Objective	ACGME Competency (Ies)
Interns will demonstrate willingness to take on primary responsibility for patient care.	$\rightarrow$ Patient Care
Interns will be able to perform a complete and accurate history and physical.	<ul> <li>→ Patient Care</li> <li>→ Interpersonal Skills</li> <li>And Communication</li> </ul>

Interns will be able to generate a comprehensive differential diagnosis and management plans for the most common chief complaints, as listed below, based on the assessment of the patient's complaint.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \end{array}$
Interns will incorporate current evidence in to developing management plans at the time of admission and during the course of a patient's stay.	→ Systems-Based Practice
Interns will learn the indications for and safely perform the procedural skills listed above (pp 8, section J.).	<ul> <li>→ Patient Care</li> <li>→ Practice-Based</li> <li>Learning And</li> <li>Improvement</li> </ul>
Interns will be learn to select and interpret tests and treatment modalities while taking efficiency and cost-effectiveness into account.	$\rightarrow$ Patient Care
Interns will demonstrate the ability to communicate effectively, verbally or in writing, with patients, supervisors, colleagues, students, and multi- disciplinary team members.	<ul> <li>→ Patient Care</li> <li>→ Interpersonal Skills</li> <li>And Communication</li> </ul>
Interns will use the electronic medical record to generate comprehensive and timely medical records.	→ Interpersonal Skills And Communication
Interns will be demonstrating effective discharge planning.	→ Systems-Based Practice
Interns will demonstrate commitment to the ideals of professionalism, ethics, respect, compassion, and altruism in all of their interactions with patients, families, and colleagues.	→ Interpersonal Skills And Communication
Interns will demonstrate the ability to access and critically evaluate medical literature, and be able to apply knowledge to clinical practice.	→ Practice-Based Learning And Improvement
Interns will demonstrate an enthusiasm for self-improvement, evidencing on-going self –learning, responsiveness to criticism, ability to learn from past experiences, and willingness to identify and improve systemic deficiencies.	<ul> <li>→ Practice-Based Learning And Improvement</li> <li>→ Systems-Based Practice</li> </ul>
Interns will learn to understand the system in which they work, and demonstrate the ability to access various resources, providers, information technology, and multidisciplinary team members in the care of their patients.	<ul> <li>→ Systems-Based</li> <li>Practice</li> <li>→ Interpersonal Skills</li> <li>And Communication</li> </ul>
Interns will demonstrate behaviors that engender sensitivity and responsiveness to issues related to patients' and colleagues' gender, age, culture, religion, sexual preferences, socioeconomic status, beliefs behaviors and disabilities.	→ Interpersonal Skills And Communication

# 3. PGY-2 INPATIENT MEDICINE ROTATION (Specific Objectives with Corresponding ACGME Competencies)

Rotation Specific Objective	ACGME Competency (ies)
Residents will demonstrate the ability to serve effectively as a role model and leader for the inpatient team.	→ Professionalism
Residents will demonstrate the ability to triage patients based on severity of illness.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \end{array}$

Residents will be able to determine the likelihood of various differential diagnoses and develop a management plan accordingly.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \end{array}$
Residents will continue to incorporate current evidence in to developing management plans and directing junior housestaff in using medical evidence in practice.	→ Systems-Based Practice
Residents will master the indications for and become certified in the procedural skills listed above (pp 8, section J.).	$\rightarrow$ Patient Care
Residents will demonstrate the appropriate communication/interpersonal skills with the attendings, the junior house officers, the multi-disciplinary team members, and consultant staff, in the implementation of patient care recommendations.	<ul> <li>→ Patient Care</li> <li>→ Interpersonal Skills</li> <li>And Communication</li> </ul>
Residents will offer appropriate guidance in communication of transfer of care and ensuring safe sign-outs.	→ Interpersonal Skills And Communication
Residents will demonstrate behaviors that reflect his/her commitment to continuing the development of professional and ethical behaviors.	→ Professionalism
Residents will demonstrate active pursuit of self-learning/improvement and scholarly activities.	→ Practice-Based Learning And Improvement
Residents will demonstrate the ability to teach and communicate knowledge effectively to others, including medical students and junior housestaff and create a nurturing atmosphere for learning.	<ul> <li>→ Medical Knowledge</li> <li>→ Interpersonal Skills</li> <li>And Communication</li> </ul>
Based on a more sophisticated understanding of the system, residents will identify and help to improve limitations in their work environment.	→ Systems-Based Practice
By refining time-management skills, residents will demonstrate efficiency and effectiveness in the care of hospitalized patients.	$\rightarrow$ Patient Care

# Common Chief Complaints and Presentations of Disease<sup>3</sup>

#### Pain/Nervous System

Pain affecting the periphery Chest Discomfort Abdominal Pain Headache Back and Neck Pain Fever and Hyperthermia Fever and Rash Fever of Unknown Origin Hypothermia and Frostbite Syncope Dizziness and Vertigo Weakness and Paralysis Gait and Balance Disorders Numbness, Tingling, and Sensory Loss Confusion and Delerium

#### Ear Nose and Throat

Pharyngitis, Sinusitis and Otitis

#### Pulmonary/Cardiac

Dyspnea and Pulmonary Edema Cough and Hemoptysis Hypoxia and Cyanosis Edema Palpitations

## Gastrointestinal

Dysphagia Nausea, Vomiting, and Indigestion Diarrhea and Constipation Weight Loss Gastrointestinal Bleeding Jaundice Abdominal Swelling and Ascites

#### **Renal and Urinary Tract**

Azotemia and Urinary Abnormalities Fluid and Electrolyte Disturbances Hypercalcemia and Hypocalcemia Acidosis and Alkalosis

#### Alterations in the Skin

Eczema Psoriasis Cutaneous Infections Acne Skin Manifestations of Internal Disease Immunologically Mediated Skin Disease Cutaneous Drug Reactions

## Hematologic

Anemia and Polycythemia Bleeding and Thrombosis Enlargement of the Lymph Nodes and Spleen Disorders of Granulocytes and Monocytes

<sup>&</sup>lt;sup>3</sup> Harrison's Principles of Internal Medicine. Cardinal Manifestations of Disease.

# 4. PRINCIPAL TEACHING METHODS

Teaching on the inpatient medical service occurs in concert with delivery of medical care. An intern may be responsible for up to 10 patients on the inpatient medical service. Each medical team has 2 attendings who are also responsible for teaching who are also responsible for supervising patient care. As far as possible, one teaching attending is a general internist and the other is a subspecialist to allow residents to be able to see different approaches to patient care as they develop their own individual styles.

Care begins with an inpatient evaluation at admission from the emergency room. After the intern and resident assess the patient, they initiate testing and preliminary treatment. For challenging cases or difficult clinical questions, the supervising attending is available on call, and a third year supervising resident - the Medical Admitting Resident - is available to help.

Each case is individually reviewed at morning rounds with the supervising attending with a complete history and physical, with review of lab data, imaging, and discussion of the assessment and plan. If applicable, recent data from the medical literature is also discussed at the entire team. All patients currently on the inpatient service under the care of the team are discussed with the intern, primarily responsible for each individual case, and two residents on the inpatient team.

Each team has two residents who together are responsible for the supervision of both medical student and junior housestaff in teaching throughout the course of the day with respect to patients on the service, assisting them in composing thorough but concise history and physicals, follow-up assessments, as well as supervising them in any procedures that need to be done (see above for complete list.)

Teaching is further supplemented by morning and early afternoon teaching sessions. These sessions include morning report, chief of service rounds as well as the other regularly scheduled conferences.

# 5. SUPERVISION OF RESIDENTS BY FACULTY

Rounds are conducted daily with a supervising attending who admits the patient and follows the patient daily throughout the course of their stay. Residents read and co-sign resident and intern notes daily. Attendings are available for any procedures that require supervision and are available overnight for questions that arise with inpatients or new admissions.

# 6. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs on a daily basis through close observation by the assigned teaching attending, who is also expected to provide formal oral summary evaluations to the residents at the midpoint of the rotation as well as at the end of the rotation. Residents also receive a written evaluation from both the teaching attendings at the conclusion of the rotation via the <u>www.myevaluations.com</u> web based system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system. Residents are also provided with an opportunity to evaluate the assigned teaching faculty.

# 7. SUGGESTED CORE READING LIST AND REFERENCES

(All Blue Text Is Hyperlinked Via The Columbia Library. You Will Need Your UNI to Access These Resources)

**Core Textbook: Harrison's Principles of Internal Medicine** (Available via CUMC Library Online At <u>http://www.accessmedicine.com.monstera.cc.columbia.edu:2048/resourceToc.aspx?resourceID=4</u>)

**Required Reading:** Part 2. Cardinal Manifestations and Presentation of Diseases Section 1: Pain <u>Pain: Pathophysiology and Management</u> <u>Chest Discomfort</u> <u>Abdominal Pain</u> <u>Headache</u> <u>Back and Neck Pain</u>

Part 2. Section 2: Alterations in Body Temperature <u>Fever and Hyperthermia</u> <u>Fever and Rash</u> <u>Fever of Unknown Origin</u> <u>Hypothermia and Frostbite</u>

Nervous System Dysfunction Chapter 21 Syncope Chapter 22 Dizziness and Vertigo Chapter 23 Weakness and Paralysis Chapter 24 Gait and Balance Disorders Chapter 26 Confusion and Delerium Part 2. Section 4: Disorders of Eyes, Ears, Nose and Throat Chapter 31 Pharyngitis, Sinusitis, Otitis and Other Upper Respiratory Tract Infections

Part 2. Section 5: Alterations in Circulatory and Respiratory Functions Chapter 33 Dyspnea and Pulmonary Edema Chapter 34 Cough and Hemoptysis Chapter 35 Hypoxia and Cyanosis Chapter 36 Edema e8 Approach to the Patient with a Heart Murmur Chapter 37 Palpitations

Part 2. Section 6: Alterations in Gastroinstestinal Function Chapter 38 Dysphagia Chapter 39 Nausea, Vomiting and Indigestion Chapter 40 Diarrhea and Constipation Chapter 41 Weight Loss Chapter 42 Gastrointestinal Bleeding Chapter 43 Jaundice Chapter 44 Abdominal Swelling and Ascites

Part 2. Section 7: Alterations in Renal and Urinary Tract Function <u>Azotemia and Urinary Abnormalities</u> <u>Atlas of Urinary Sediments and Renal Biopsies</u> <u>Fluid and Electrolyte Disturbances</u> <u>Hypercalcemia and Hypocalcemia</u> <u>Acidosis and Alkalosis</u>

Part 2. Section 9: Alterations in the Skin Chapter 52 Approach to the Patient with a Skin Disorder Chapter 53 Eczema, Psoriasis, Cutaneous Infections, Acne, and Other Common Skin Disorders Chapter 54 Skin Manifestations of Internal Diseases Chapter 55 Immunologically Mediated Skin Diseases Chapter 56 Cutaneous Drug Reactions Chapter 57 Photosensitivity and Other Reactions to Light e10 Atlas of Skin Manifestations of Internal Disease

#### Additional Required Reading by System:

Part 9: Disorders of the Cardiovascular System Section 1: Introduction to Cardiovascular Disorders Chapter 217 Basic Biology of the Cardiovascular System pp 1373-1375, starting from "Assessment of Cardiac Function" to end Section 2: Diagnosis of Cardiovascular Disorders Chapter 220 Physical Examination of the Cardiovascular System *Chapter 221 Electrocardiography* Section 3: Disorders of Rhythm Chapter 225 The Bradyarrythmias Chapter 226 The Tachyarrythmias e21 Atlas of Cardiac Arrythmias Section 4: Disorders of the Heart Chapter 227 Heart Failure and Cor Pulmonale Chapter 230 Valvular Heart Disease Chapter 231 Cardiomyopathy and Myocarditis Chapter 232 Pericardial Heart Disease Chapter 233 Tumors and Trauma of the of the Heart, pp 1495-1496, "Primary Tumors" Section 5: Vascular Disease Chapter 237 Ischemic Heart Disease Chapter 238 Unstable Angina and Non-ST-Elevation Myocardial Infarction Chapter 239 ST-Segment Elevation Myocardial Infarction Chapter 242 Diseases of the Aorta Chapter 243 Vascular Diseases of the Extremities

Relevant Medical Literature: Please see individual rotation curricula for more in-depth reading by organ-system

## Atrial Fibrillation

Gage Brian F. et al: "Validation of Clinical Classification Schemes for Predicting Stroke: Results From the National Registry of Atrial Fibrillation" JAMA. 2001; 285(22):2864-2870

## PCI

Boden, William E. et al: "Optimal Medical Therapy with or without PCI for Stable Coronary Disease" NEJM 2007; 356(15):1503-1516

## NSTEMI

Antman EM et al: "The TIMI risk score for unstable angina/ non-ST elevation MI: A method for prognostication and therapeutic decision making" JAMA 284:835 2000

The Clopidogrel in Unstable Angina to Prevent Recurrent Events Trial Investigators "Effects of Clopidogrel in Addition to Aspirin in Patient with Acute Coronary Syndromes without ST-Segment Elevation" 2001 345(7):494-502

## **STEMI**

Farkouh ME, et al: "Design of the Future Revascularization Evaluation in patients with Diabetes Mellitus: Optimal management of Multivessel disease (FREEDOM) Trial." Am Heart J. 2008 Feb; 155(2): 215-23

Javaid Aamir et al: "Outcomes of Coronary Artery Bypass Grafting Versus Percutaneous Coronary Intervention With Drug-Eluting Stents for Patients with Multivessel Coronary Artery Disease" Circulation 2007;116:200-206

Part 13 Disorders of the Gastrointestinal System Section 1 Disorders of the Alimentary Tract Chapter 286 Disease of the Esophagus Chapter 285 Gastrointestinal Endoscopy Chapter 287 Peptic Ulcer Disease and Related Disorders Chapter 288 Disorders of Absorption start at pp 1877 "Approach to the Patient with Malabsorption" to end Chapter 291 Diverticular Disease and Common Anorectal Disorders Chapter 292 Mesenteric Vascular Insufficiency Chapter 293 Acute Intestinal Obstruction Chapter 294 Acute Appendicitis and Peritonitis, start at p. 1916 "Acute Peritonitis" to end

Section 2 Liver and Biliary Tract Disease Table 295-1 "Liver Diseases" pp 1919 Table 295-3 "Important Diagnostic Tests in Common Liver Diseases" pp 1921 Figure 295-1 "Evaluation of Abnormal Liver Tests" pp 1922 Table 296-1 "Liver Tests in Hepatobiliary Disorders" pp 1926 Chapter 298 Acute V iral Hepatitis Chapter 299 Toxic and Drug-Induced Hepatitis Chapter 301 Alcoholic Liver Disease Chapter 302 Cirrhosis and its Complications Chapter 303 Genetic, Metabolic, and Infiltrative Diseases Affecting the Liver Chapter 305 Diseases of the Gallbladder and Bile Ducts

Section 3 Disorders of the Pancreas Chapter 306 Approach to the Patient with Pancreatic Disease Chapter 307 Acute and Chronic Pancreatitis

Relevant Medical Literature: Please see individual rotation curricula for more in-depth reading by organ-system

## Acute GI Bleed

Gralnek IM, Barkun AN, Bardou M "Management of Acute Bleeding from a Peptic Ulcer" NEJM 3008 359(9):928-937

Sung J.J. Y. MD, et al: "Octreotide Infusion or Emergency Sclerotherapy for Variceal Haemorrhage" Lancet 1993 342:637-641

## Acute Peritonitis

Sort, Pau MD et al: "Effect of Intravenous Albumin on Renal Impairment and Mortality in Patients with Cirrhosis and Spontaneous Bacterial Peritonitis" NEJM 1999 341(6):403-409

Part 16: Neurologic Disorders Section 1: Diagnosis of Neurologic Disorders Chapter 360 Mechanisms of Neurologic Disease-

- Ion Channels and Channelopathies pp 2477-2478
- Neurotransmitters and Neurotransmitter Receptors pp2478-2479
- Stem Cells and Transplantation pp2480-2481 Chapter 361 Approach to the Patient with Neurologic Disease

Section 2: Diseases of the Central Nervous System Chapter 363 Seizures and Epilepsy: SKIP

- "Basic Mechanisms" pp 2503-2504
- "Surgical Treatment of Refractory Epilepsy" p 2510
- "Beyond Seizures: Other Management Issues: pp 2511-2512 Chapter 364 Cerebrovascular Diseases

Chapter 365 Dementia

Chapter 366 Parkinson's Disease and Other Extrapyramidal Movement Disorders STOP after "Dementia in Parkinson's Disease" on p 2558 Chapter 369 Amyotrophic Lateral Sclerosis and Other Motor Neuron Diseases Chapter 370 Disorders of the Autonomic Nervous System

- "Approach to the Patient: Orthostatic Hypotension and other ANS Disorders" pp 2578-2579
- "Peripheral Nerve and Neuromuscular Junction Disorders: p 2580
- "Diabetes Mellitus" p 2580
- "Amyloidosis" p 2580
- "Alcoholic Neuropathy" p 2580
- "Porphyria" p 2580
- "Guillan-Barre Syndrome" p 2580
- "Botulism" p 2580
- "Reflex Sympathetic Dystrophy and Causalgia" pp2581-2
- "Autonomic Failure" p 2582 Chapter 372 Diseases of the Spinal Cord:
- "Approach to the Patient: Spinal Cord Disease" pp2588-2590
- "Approach to the Patient: Compressive and Noncompressive Myelopathy" p 2591
- "Compressive Myelopathies" pp 2591
- "Neoplastic Spinal Cord Compression" pp 2591-2591
- "Spinal Epidural Abscess" p2592
- "Subacute Combined Degeneration (Vitamin B12 deficiency)" p 2595
- "Tabes Dorsalis" p 2595 Chapter 373 Concussion and Other Head Injuries- Start with "Cranial Nerve Injuries" p 2598 to end Chapter 375 Multiple Sclerosis and other Demyelinating Diseases Chapter 376 Meningitis, Encephalitis, Brain Abscess and Empyema Chapter 378 Prion Diseases

Section 3: Nerve and Muscle Disorders Chapter 379 Peripheral Neuropathy Chapter 380 Guillan-Barré Syndrome and Other Immune-Mediated Neuropathies Chapter 381 Myasthenia Gravis and Other Diseases of the Neuromuscular Junction Chapter 383 Polymyositis, Dermatomysitis and Inclusion Body Myositis

Section 5: Psychiatric Disorders Chapter 386 Mental Disorders

## Section 6: Alchoholism and Drug Dependency

Alcohol and Alcoholism Opioid Drug Abuse and Dependence Cocaine and Other Commonly Abused Drugs Nicotine Addiction

## Disorders of the Kidney and Urinary Tract

Acute Renal Failure <u>Chronic Kidney Disease</u> <u>Glomerular Diseases</u> <u>Polycystic Kidney Disease and Other Inherited Tuhular Disorders</u> <u>Tuhulointerstitial Diseases of the Kidney</u> <u>Vascular Injury to the Kidney</u> <u>Nephrolithiasis</u> Urinary Tract Infections, Pyelonephritis, and Prostatitis Urinary Tract Obstruction

#### Endocrinology and Metabolism Endocrinology

Chapter 332 Principles of Endocrinology "Approach to the Patient: Endocrine Disease" pp 2194-2195 Chapter 333 Disorders of the Anterior Pituitary and Hypothalamus Chapter 334 Disorders of the Neurohypophysis Chapter 335 Disorders of the Thyroid Gland Chapter 336 Disorders of the Adrenal Cortex: Chapter 337 Pheochromocytoma Chapter 338 Diabetes Mellitus Chapter 339 Hypoglycemia Chapter 340 Disorders of the Testes and Male Reproductive System- start at pp 2315, "Disorders of the Male Reproductive System During Adulthood" to the end Chapter 344 Endocrine Tumors of the Gastrointestinal Tract and Pancreas Chapter 345 Disorders Affecting Multiple Endocrine Systems

Section 2: Disorders of Bone and Mineral Metabolism Chapter 346 Bone and Mineral Metabolism in Health and Disease Chapter 347 Diseases of the Parathyroid Gland and Other Hyper- and Hypocalcemic Disorders Chapter 349 Paget Disease and Other Dysplasias of the Bone Chapter 350 Disorders of Lipoprotein Metabolism Chapter 351 Hemochromatosis Chapter 352 The Porphyrias Chapter 353 Disorders of Purine and Pyrimidine Metabolism Chapter 354 Wilson Disease Chapter 355 Heritable Disorders of Connective Tissue

- "Ehler's Danlos Syndrome" pp2465-2467
- "Marfan Syndrome" pp 2468-2469

Part 6: Oncology and Hematology Section 1: Neoplastic Disorders Chapter 77 Approach to the Patient with Cancer Chapter 81 Principles of Cancer Treatment Chapter 82 Infections in Patients with Cancer Chapter 84 Head and Neck Cancer Chapter 85 Neoplasms of the Lung Chapter 86 Breast Cancer Chapter 87 Gastrointestinal Tract Cancer Chapter 88 Tumors of the Liver and Biliary Tree Chapter 89 Pancreatic Cancer Chapter 90 Bladder and Renal Cell Carcinomas Chapter 91 Benign and Malignant Diseases of the Prostate Chapter 94 Soft Tissue and Bone Sarcomas and Bone Metastases Chapter 96 Paraneoplastic Syndromes: Endocrinologic/Hematologic Chapter 97 Paraneoplastic Neurologic Syndromes e13 Late Consequences of Cancer and its Treatment

Section 2: Hematopoetic Disorders Chapter 98 Iron Deficiency and Other Anemias Chapter 99 Disorders of Hemoglobin Chapter 100 Megaloblastic Anemias Chapter 101 Hemolytic Anemias and Anemia Due to Acute Blood Loss Chapter 102 Aplastic Anemia, Myelodysplasia, and Related Bone Marrow Failure Syndromes Chapter 103 Polycythemia V eran and Other Myleoproliferative Diseases Chapter 104 Acute and Chronic Myeloid Leukemia Chapter 105 Malignancies of Lymphoid Cells Chapter 106 Plasma Cell Disorders Chapter 107 Transfusion Biology and Therapy

Relevant Medical Literature: Please see individual rotation curricula for more in-depth reading by organ-system

#### DVT/ PE Treatment and Prophylaxis

Palareti G. et al: "D-Dimer Testing to Determine the Duration of Anticoagulation Therapy" NEJM 2006; 355:1780-1789

Lee, Agnes Y. Y. "Low-molecular-weight heparin versus a coumarin for the prevention of recurrent venous thromboembolism in patients with cancer". N Engl J Med 2003 349:146-53

Part 10: Disorders of the Respiratory System Section 1: Diagnosis of Respiratory Disorders Chapter 245 Approach to the Patient with Disease of the Respiratory System Chapter 246 Disturbances of Respiratory Function Chapter 247 Diagnostic Procedures in Respiratory Disease e24 Atlas of Chest Imaging Section 2 Diseases of the Respiratory System Chapter 248 Asthma Chapter 249 Hypersensitivity Pneumonitis and Pulmonary Infiltrates with Eosinophilia Chapter 250 Environmental Lung Disease Chapter 251 Pneumonia Chapter 252 Bronchiectasis and Lung Abcess Chapter 254 Chronic Obstructive Pulmonary Disease Chapter 255 Interstitial Lung Disease Chapter 256 Deep Venous Thrombosis and Pulmonary Embolism Chapter 257 Disorders of the Pleura and Mediastinum Chapter 258 Disorders of Ventilation Chapter 259 Sleep Apnea

Part 11 Critical Care Medicine Section 4 Oncologic Emergencies Chapter 270 Oncologic Emergencies

Part 5 Nutrition Chapter 71 Vitamin and Trace Mineral Deficiency and Excess

Part 8 Bioterrorism and Clinical Medicine Chapter 215 Chemical Bioterrorism

Part 17 Poisoning Drug Overdose and Envenenomation e34 Heavy Metal Poisoning e35 Poisoning and Drug Overdose Chapter 392 Ectoparasite Infestations and Arthropod Bites and Stings Part 14 Disorders of the Immune System, Connective Tissue and Joints Section 1 The Immune System in Health and Disease Chapter 310 Primary Immune Deficiency Diseases

Section 2 Disorders of Immune-Mediated Injury Chapter 311 Allergies, Anaphylaxis and Systemic Mastocytosis Chapter 313 Systemic Lupus Erthematosus Chapter 314 Rheumatoid Arthritis Chapter 316 Systemic Sclerosis (Scleroderma) and Related Disorders Chapter 317 Sjögren's Syndrome Chapter 318 The Spondylarthropathies Chapter 319 The Vasculitis Syndromes e28 Atlas of Clinical Imaging in the Vasculitc Syndromes Chapter 320 Behçet's Syndrome Chapter 321 Relapsing Polychondritis Chapter 324 Amyloidosis

Section 3 Disorders of the Joints and Adjacent Tissues Chapter 325 Approach to Articular and Musculoskeletal Disorders

- Table 325-2 "Drug-Induced Musculoskeletal Conditions" p 2152
- Figure 325-4 "Sites of hand or wrist involvement and their potential disease associations" p 2153
- Table 325-4 "Antinuclear Antibody (ANA) Patterns and Clinical Associations" Chapter 326 Osteoarthritis Chapter 327 Gout and Other Crystal-Associated Arthropathies Chapter 328 Infectious Arthritis Chapter 331 Periarticular Disorders of the Extremities

Part 7 Infectious Diseases Section 1 Basic Considerations in Infectious Diseases Chapter 115 Approach to the Acutely Ill Infected Febrile Patient Section 2 Clinical Syndromes: Community Acquired Infections Chapter 118 Infective Endocarditis Chapter 119 Infections of the Skin, Muscle, and Soft Tissues Chapter 120 Osteomyelitis Chapter 121 Intrabdominal Infections and Abcesses Chapter 122 Acute Infectious Diarrheal Disease and Bacterial Food Poisoning Chapter 123 Clostridium Difficile-Associated Disease, Including Pseudomembranous Colitis Chapter 124 Sexually Transmitted Infections: Overview and Clinical Approach

Section 3 Clinical Syndromes: Health-Care Associated Infections Chapter 125 Health-Care Associated Infections

Section 4 Approach to Therapy for Bacterial Diseases Chapter 127 Treatment and Prophylaxis of Bacterial Infections

- Table 127-7 Most Clinically Relevant Adverse Reactions to Common Antibacteral Drugs pp 862
- Table 127-8 Interactions of Antibacterial Agents with Other Drugs pp 863

Section 5 Diseases Caused by Gram-Positive Bacteria Chapter 128 Pneumococcal Infections Chapter 129 Staphylococcal Infections Chapter 130 Streptococcal Infections Chapter 132 Infections Caused by Listeria Monocytogenes Chapter 133 Tetanus

Section 6 Diseases Caused by Gram-Negative Bacteria Chapter 136 Meningococcal Infections Chapter 137 Gonococcal Infections Chapter 143 Diseases Caused by Gram-Negative Enteric Bacilli Chapter 145 Infections due to Pseudomonas Species and Related Organisms-Table 145-2 Antibiotic Treatment of Infections Due to Pseudomonas Aeruginosa and Related Species Chapter 146 Salmonellosis Chapter 150 Brucellosis Chapter 151 Tularemia Chapter 153 Bartonella Infections, Including Cat-Scratch Disease

#### <u>Tuberculosis</u>

Section 9 Spirochetal Diseases Chapter 162 Syphilis Chapter 166 Lyme Borreliosis

Section 10 Diseases Caused by Rickettsiae Mycoplasmas, and Chlamydiae Chapter 167 Rickettsial Diseases Chapter 169 Chlamydial Infections

Section 12 Infections due to DNA Viruses Chapter 172 Herpes Simplex Viruses Chapter 173 Varicella-Zoster Virus Infections Chapter 174 Epstein-Barr Virus Infections, Including Infectious Mononucleosis Chapter 175 Cytomegalovirus and Human Herpesvirus 6, 7, and 8 Chapter 177 Parvovirus Infections

Section 13 Infections Due to DNA and RNA Respiratory Viruses Chapter 180 Influenza

Section 14 Infections Due to Human Immunodeficiency Virus and Other Human Retroviruses Chapter 182 Human Immunodeficiency Virus Disease: AIDS and Related Disorders

Section 15 Infections Due to RNA Viruses Chapter 188 Rabies and Other Rhabdovirus Infections Chapter 189 Infections Caused by Arthropod and Rodent-Borne Viruses- start at "Dengue Fever" p 1230 and continue to the end

Section 16 Fungal and Algal Infections <u>Diagnosis and treatment of fungal infections</u> Chapter 192 Histoplasmosis Chapter 193 Coccidiomycosis Chapter 194 Blastomycosis Chapter 195 Cryptococcosis Chapter 196 Candidiasis Chapter 197 Aspergillosis Chapter 198 Mucormycosis Chapter 200 <u>Pneumocystis Infection</u> Section 18 Protozoal Infections Chapter 202 Amebiasis and Infection with Free-Living Amebas Chapter 203 Malaria Chapter 207 Toxoplasma Infections Chapter 208 Protozoal Intestinal Infections and Trichomoniasis

Relevant Medical Literature: Please see individual rotation curricula for more in-depth reading by organ-system

Moran GJ et al: "Methicillin-Resistant S. aureus Infections among Patients in the Emergency Department" NEJM 2006 355(7):666-674

Part 1 Introduction to Clinical Medicine e4 Ethical Issues in Clinical Medicine

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Nephrology Curriculum

# 1. EDUCATIONAL GOALS

The goal of the nephrology rotation is to teach residents to provide quality medical care to patients with acute kidney injury, chronic kidney disease, glomerulonephritides, acid-base and electrolyte disorders as well as the associated complications of these disorders in the inpatient and outpatient settings.

# 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

# PGY-2 and PGY-3

Inpatient Consultation Service	
Demonstration of bedside skills necessary for the assessment and on- going care of patients with renal and electrolyte disorders.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \end{array}$
Identification of common etiologies, presentations, complications of electrolyte disorders and their management.	$\begin{array}{ll} \rightarrow & \text{Medical Knowledge} \\ \rightarrow & \text{Practice Based Learning} \end{array}$
Identify appropriate utilization of the nephrology subspecialty consultation in a cost-effective and evidence based manner.	→ Medical Knowledge System Based Learning
Understanding of the tests and radiological imaging utilized in the evaluation, management and monitoring of patients with renal diseases.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
Actively participate in making informed recommendations about preventive, diagnostic, and therapeutic options, and interventions that are based on clinical judgment, scientific evidence, and patient preferences.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
Communicate effectively with patients and their families in all situations, especially around difficult issues such as initiation of renal replacement therapy and when appropriate withdrawal of support.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Practice Based Learning</li> </ul>
Provide effective and professional consultation to referring physicians and sustain therapeutic and ethically sound professional relationships with patients, their families, and colleagues.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Professionalism</li> </ul>
Observe and when appropriate participate in nephrology specific procedures including urinalysis, urine sediment microscopy, temporary catheter placement, renal biopsy and various renal replacement therapies.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \\ \rightarrow  \text{Practice Based Learning} \end{array}$

# **Outpatient Service**

Hypertension Clinic	
Evaluation of nationate with uncontrolled hypertension or concerdant	$\rightarrow$ Medical Knowledge
hypertension.	$\rightarrow$ Patient Care
	$\rightarrow$ Practice Based Learning
Identification of signs and symptoms of secondary hypertension, possible etiologies and appropriate testing, as well as management appropriate management.	$\rightarrow$ Medical Knowledge
	$\rightarrow$ Patient Care
	$\rightarrow$ Practice Based Learning
	$\rightarrow$ System Based Learning

Identification of and management of patients with resistant	
hypertension including factors that contribute to difficult to control	
hypertension including noncompliance.	

 $\rightarrow$  Medical Knowledge

 $\rightarrow$  Patient Care

- $\rightarrow$  Practice Based Learning
- $\rightarrow$  Interpersonal And

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Renal Clinic	
Identification of the common stiplogics of shronic hidney disease its	→ Medical Knowledge
clinical manifestations and complications	$\rightarrow$ Patient Care
chinear mannestations and complications	$\rightarrow$ Practice Based Learning
Management of chronic kidney disease and its associated complications	$\rightarrow$ Medical Knowledge
	$\rightarrow$ Patient Care
	$\rightarrow$ Practice Based Learning
Identification and management of other renal diseases including glomerulonephritides and chronic acid-base and electrolyte disorders	$\rightarrow$ Medical Knowledge
	$\rightarrow$ Patient Care
	$\rightarrow$ Practice Based Learning
Identifying patients requiring chronic renal replacement therapy and	$\rightarrow$ Practice Based Learning
preparing them for this.	$\rightarrow$ System Based Learning
Appropriate implementation of preventive care including renoprotective strategies	$\rightarrow$ Medical Knowledge
	$\rightarrow$ Practice Based Learning
	$\rightarrow$ System Based Learning

Hemodialysis Unit	
Understanding clinical features and complications unique to patients receiving hemodialysis.	$\begin{array}{l} \rightarrow  \text{Medical Knowledge} \\ \rightarrow  \text{Practice Based Learning} \end{array}$
Understand the limitations and opportunities in providing care to patients with end stage renal disease.	<ul> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
Residents will interact with multi-disciplinary team approach to patient care for hemodialysis patients.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Professionalism</li> <li>→ System Based Learning</li> </ul>
Attend vascular conference and the hemodialysis monthly QA meetings.	<ul> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> <li>→ Scholarly Activity</li> </ul>

Didactics	
Attend didactic sessions including journal club, clinical case conference, pathophysiology conference, radiology conference, renal biopsy conference, and research conference.	<ul> <li>→ Practice Based Learning</li> <li>→ Scholarly Activity</li> </ul>
Present case conference involving an interesting patient seen on the inpatients consult service.	$\rightarrow$ Scholarly Activity
Adhere to principles of confidentiality, scientific/academic integrity, and informed consent.	$\begin{array}{l} \rightarrow  \text{Professionalism} \\ \rightarrow  \text{Scholarly Activity} \end{array}$

# 3. PRINCIPAL TEACHING METHODS

Residents on the nephrology service will participate in patient evaluation and management on the inpatient consultation service for the wards and the ICU as well as the outpatient hypertension clinic, renal clinic and

hemodialysis unit. Residents will also attend the various didactic sessions conducted/attended by the division.

The inpatient consult service sees patients on the medicine wards as well as the wards of other services including surgery and obstetrics and gynecology when recommended by the internal medicine consult service. These patients are discussed with the nephrology fellow assigned to the service as well as the attending for the service before evaluation and management recommendations are made.

The hypertension clinic provides an opportunity for residents to participate in the care of patients with difficult to control hypertension, resistant hypertension, and secondary hypertension. Residents will learn to identify the associated clinical clues, understand how to investigate these patients and identify when to obtain a nephrology consultation for the management of these patients.

The renal clinic provides an opportunity for residents to participate in the care of patients with chronic kidney disease and its complications, glomerulonephritides, chronic electrolytes complications. Residents will learn when to refer these patients for further management and identify when to refer these patients for preparation for renal replacement therapy. Residents actively participate in the care of patients on hemodialysis when they are admitted to the inpatient service allowing them to understand the challenges that are unique to this subset of patients.

# 4. SUPERVISION OF RESIDENTS BY FACULTY

**Inpatient Consultation Service:** Rounds are conducted 5 days per week with the faculty attending physician. Both new and follow-up consults are discussed. All resident notes are signed by the attending.

**Clinics:** Every patient encounter is discussed with the attending physician before the patient leaves the clinic and every note is co-signed by the attending.

# 5. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs on a daily basis through close observation by the assigned teaching attending, who is also expected to provide formal oral summary evaluations to the residents at the end of the rotation. Residents also receive a written evaluation from the teaching attendings at the conclusion of the rotation via the myevaluations system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system.

# 6. SUGGESTED CORE READING LIST AND REFERENCES

(All Blue Text Is Hyperlinked Via The Columbia Library. You Will Need Your UNI To Access These Resources)

## 1.2. Core Textbooks:

**Harrison's Principles of Internal Medicine** (Available Via CUMC Library Online At <u>http://www.accessmedicine.com.monstera.cc.columbia.edu:2048/resourceToc.aspx?resourceID=4</u>)

# 6.1.2 Required Reading:

Part 2. Section 7: Alterations in Renal and Urinary Tract Function Chapter 45 <u>Azotemia and Urinary Abnormalities</u> Chapter e9 <u>Atlas of Urinary Sediments and Renal Biopsies</u> Chapter 46 <u>Fluid and Electrolyte Disturbances</u> Chapter 47 <u>Hypercalcemia and Hypocalcemia</u> Chapter 48 <u>Acidosis and Alkalosis</u>

Part 9. Section 5. Vascular Disease Chapter 241 <u>Hypertensive Vascular Disease</u> Chapter 7 <u>Medical Disorders during Pregnancy</u> Part 12. Disorders of the Kidney and Urinary Tract Chapter 271 <u>Cellular and Molecular Biology of the Kidney</u> Chapter 272 <u>Adaptation of the Kidney to Renal Injury</u> Chapter 273 <u>Acute Renal Failure</u> Chapter 274 <u>Chronic Kidney Disease</u> Chapter 275 <u>Dialysis in the Treatment of Renal Failure</u> Chapter 276 <u>Transplantation in the Treatment of Renal Failure</u> Chapter 277 <u>Glomerular Diseases</u> Chapter 278 <u>Polycystic Kidney Disease and Other Inherited Tubular Disorders</u> Chapter 279 <u>Tubulointerstitial Diseases of the Kidney</u> Chapter 280 <u>Vascular Injury to the Kidney</u> Chapter 281 <u>Nephrolithiasis</u> Chapter 282 <u>Urinary Tract Infections, Pyelonephritis, and Prostatitis</u> Chapter 283 <u>Urinary Tract Obstruction</u>

Part 15. Endocrinology and Metabolism Section 1. Endocrinology Chapter 336 <u>Disorders of the Adrenal Cortex</u> Chapter 337 <u>Pheochromocytoma</u> Chapter 338 <u>Diabetes Mellitus</u>

Section 2. Disorders of Bone and Mineral Metabolism Chapter 346 <u>Bone and Mineral Metabolism in Health and Disease</u> Chapter 347 <u>Diseases of the Parathyroid Gland and Other Hyper- and Hypocalcemic Disorders</u>

## 6.1.3 Primer on Kidney Diseases by Arthur Greenberg

# 6.1.5 Other Suggested Reading:

## General:

- Masterclasses in Medicine pathophysiology of acid-base and electrolyte disorders discussed in the journal QIM
- Assessing Kidney Function -- Measured and Estimated Glomerular Filtration Rate N Engl J Med 2006 354: 2473-2483
- Intravenous Fluids -- Getting the Balance Right N Engl J Med 2005 353: 941-944
- Mind the Gap N Engl J Med 2003 349: 1465-1469
- Serum Anion Gap: Its Uses and Limitations in Clinical Medicine Clin. J. Am. Soc. Nephrol., Jan 2007; 2: 162 - 174.
- Microscopic Hematuria, N Engl J Med 2003 348: 2330-2338
- Toxic Alcohol Ingestions: Clinical Features, Diagnosis, and Management Clin. J. Am. Soc. Nephrol., Jan 2008; 3: 208 225.
- Progression of Renal Disease: Renoprotective Specificity of Renin-Angiotensin System Blockade Clin. J. Am. Soc. Nephrol., Sep 2006; 1: 1054 - 1065
- <u>Hepatorenal Syndrome: Pathophysiology and Management Clin. J. Am. Soc. Nephrol., Sep 2006; 1: 1066 -</u> 1079.

## Hyponatremia:

- Hyponatremia N Engl J Med 2000 342: 1581-1589
- Hyponatremia among Runners in the Boston Marathon N Engl J Med 2005 352: 1550-1556 (exercise associated hyponatremia)
- The Syndrome of Inappropriate Antidiuresis N Engl J Med 2007 356: 2064-2072

## Hypernatremia:

• Hypernatremia N Engl J Med 2000 342: 1493-1499

## Hypokalemia:

• Hypokalemia--consequences, causes, and correction, J Am Soc Nephrol 8: 1179-1188

# Hyperkalemia:

- Managing Hyperkalemia Caused by Inhibitors of the Renin-Angiotensin-Aldosterone System N Engl J Med
  2004 351: 585-592
- Hyperkalemia: a potential silent killer, J. Am. Soc. Nephrol., Aug 1998; 9: 1535 1543.
- The Utility of the Transtubular Potassium Gradient in the Evaluation of Hyperkalemia J. Am. Soc. Nephrol., Mar 2008; 19: 424 - 426.

## Hypomagnesemia:

- Clinical Consequences and Management of Hypomagnesemia
- Hypomagnesemia, J Am Soc Nephrol 1999 10: 1616-1622

## Hypertension:

- Initial Treatment of Hypertension N Engl J Med 2003 348: 610-617
- Resistant or Difficult-to-Control Hypertension, N Engl J Med 2006 355: 385-392
- Sodium and Potassium in the Pathogenesis of Hypertension, N Engl J Med 2007 356: 1966-1978
- Effects on Blood Pressure of Reduced Dietary Sodium and the Dietary Approaches to Stop Hypertension (DASH) Diet N Engl J Med 2001 344: 3-10
- Treatment of Treatment of Hypertension in Patients 80 Years of Age or Older Hypertension in Patients 80 Years of Age or Older N Engl J Med 2008 358: 1887-1898
- Calcium-Antagonist Drugs, N Engl J Med 1999 341: 1447-1457

#### Acute Renal Failure:

- Intensity of Renal Support in Critically Ill Patients with Acute Kidney Injury N Engl J Med 2008 359: 7-20
- Normotensive Ischemic Acute Renal Failure N Engl J Med 2007 357: 797-805
- Diagnosis, Epidemiology and Outcomes of Acute Kidney Injury, Clin. J. Am. Soc. Nephrol., May 2008; 3: 844 - 861.

#### **Chronic Renal Failure:**

• Uremia N Engl J Med 2007 357: 1316-1325

#### **Glomerulonephritis:**

• Systemic Lupus Erythematosus, N Engl J Med 2008 358: 929-939

## **Transplantation:**

• Immunosuppressive Drugs for Kidney Transplantation, N Engl J Med 2004 351: 2715-2729

#### 6.1.5 References (All Available At The Nephrology Office):

The Kidney by Brenner & Rector

Diseases of the kidney by Schrier

Clinical physiology of acid-base and electrolyte disorders by Rose & Post The Kidney: Physiology and Pathophysiology by Seldin and Giebisch

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Neurology Curriculum

# 1. EDUCATIONAL GOALS

The goal of curriculum in Neurology is to ensure residents develop competency in evaluation of neurological symptoms, signs and conditions as encountered by a practitioner of internal medicine. After completing the training, residents must be able to work in managed care environment to evaluate neurological symptoms, make use of technologies and know when to make referrals to a neurologist.

# 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

# PGY-2 and PGY-3

Inpatient/Outpatient Consultation Service	
<u>Physical Examination Skills</u> : Perform a detailed neurological examination including funduscopic exam.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \end{array}$
<u>Presenting Complaints</u> : Evaluate presenting complaints suggestive of central nervous system disease, such as weakness, cognitive disturbances, imbalance, vertigo, neuropathic pain, tremors and headache.	$\begin{array}{ll} \rightarrow & \text{Medical Knowledge} \\ \rightarrow & \text{Practice Based Learning} \end{array}$
Differential Diagnosis, Evaluation and Management of Diseases of <u>Nervous System</u> : These include cerebrovascular accidents, seizure disorder, CNS complications of HIV infection, critical illness polyneuropathy, parkinsonism, metabolic encephalopathies, persistent vegetative state, and brain death evaluation.	→ Medical Knowledge System Based Learning
<u>Use and Interpretation of Specific Tests and Procedures</u> : Perform and interpret the findings from a lumbar puncture in CSF (cerebrospinal fluid) analysis. Tests for brain death are performed by attending in the presence of residents. Expected to acquire knowledge of criteria for brain death. Similarly, residents review CT scans with the attending and develop an understanding of appearance of hemorrhage, infarct, obstructive hydrocephalous, brain atrophy, etc.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
<u>Patient Care</u> : Expected to be able to provide effective, efficient, and safe care, based on clinical judgment, scientific evidence and patient preference. End of life issues such as advance directives, pain management, and use of life prolonging measures must be discussed with the patient/family. For optimal care, these discussions should preferably start when the patient is still capable of participating in decision making.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
<u>Medical Knowledge</u> : Expected to be knowledgeable about the medical problems listed above. Knowledge of guidelines for prevention of disabling diseases such as stroke is essential for management.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Practice Based Learning</li> </ul>
<u>Practice Based Learning and Improvement</u> : Expected to analyze their performance with regards to eliciting pertinent history and physical findings, utilization of technologies and ability to synthesize the data and make a differential diagnosis and management plan continuously. Based on this analysis, expected to develop strategies to improve quality of care.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Professionalism</li> </ul>

Interpersonal and Communication Skills: It may at times be difficult to	
communicate with a patient with neurological problem because of	
aphasia or depression associated with some problems. For optimal care	
to occur, the resident must employ observational skills in addition to	
questioning and listening, to communicate effectively with the patient.	
When performing neurology consults on the medical units or on other	
services, the resident must be able to communicate effectively with the	
primary team, the possible diagnosis and recommendations. The written	$\rightarrow$ Patient Care
consult must be legible, clearly thought, and use evidence based	$\rightarrow$ Medical Knowledge
approach. Whenever possible, it is desirable to include references for	$\rightarrow$ Practice Based Learning
the recommendation being made for educational purpose. Discussion	
of patient preferences and end of life issues requires an ability to convey	
to the patient clearly the diagnosis and prognosis. Residents are	
expected acquire these essential skills and be able to communicate	
without discomfort by observing the senior residents or attending	
physicians in patient/family conferences. Role playing with other	
residents is a useful method of learning the skill.	
Professionalism: Expected to demonstrate compassion and sensitivity	$\rightarrow$ Patient Care
when dealing with the patients. Attention must be paid to patient	$\rightarrow$ Interpersonal And
privacy and confidentiality.	Communication Skills
System Based Practice: Residents care for patients with neurological	
problems in different settings such as inpatient unit, neurology and	
continuity clinics. Patients frequently require referrals for tests such as	
CT scan, MRI, EEG, and for social and rehabilitation services.	$\rightarrow$ Medical Knowledge
Residents must have an understanding of both the opportunities and	$\rightarrow$ Practice Based Learning
limitations of the setting and be able to collaborate with other team	
member to assist patient in dealing with the system and provide	
comprehensive and compassionate care.	

Didactics	
Attend didactic sessions including morning reports, clinical case conferences and Grand Rounds. Some of the topics covered at these sessions include (1) stroke, (2) seizure disorders, and (3) peripheral neuropathy.	<ul> <li>→ Practice Based Learning</li> <li>→ Scholarly Activity</li> </ul>
Present case conference involving an interesting patient seen on the inpatients consult service.	$\rightarrow$ Scholarly Activity
Adhere to principles of confidentiality, scientific/academic integrity, and informed consent.	$\begin{array}{l} \rightarrow  \text{Professionalism} \\ \rightarrow  \text{Scholarly Activity} \end{array}$

# 3. PRINCIPAL TEACHING METHODS AND SUPERVISION OF RESIDENTS BY FACULTY

Patient care is taught in Neurology clinic and consultation service when on Neurology elective and during assignment on inpatient units (regular and special care). In the clinic, residents see patients individually in a comfortable, private and well equipped room. They obtain history and physical examination, review medical records and laboratory data, formulate a differential diagnosis and management plan, and then present the case to the attending physician. The attending critiques the presentation, examines the patient and provides in depth teaching on the neurologic issue including pathophysiology of the disease. When on consultation service, the resident evaluates the patient similarly and presents all the cases to the attending. As in the clinic setting, the attending critiques presentation, examines patient, reviews CT imaging of brain on the PACS radiology system, and provides teaching.

# 4. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs on a daily basis through close observation by the assigned teaching attending, who is also expected to provide formal oral summary evaluations to the residents at the end of the rotation. Residents also receive a written evaluation from the teaching attendings at the conclusion of the rotation via the myevaluations system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system.

# 5. SUGGESTED CORE READING

- Clinical Neurology by Aminoff et al (by Appleton and Lange).
- Articles from Syllabus.

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Non-Internal Medicine Specialty Clinic: OTOLARYNGOLOGY (ENT) CURRICULUM

# 1. EDUCATIONAL GOALS

The goal of the ENT rotation is to develop knowledge of the anatomy, physiology and pathophysiology of the ear, nose and throat and the head and neck as a unit and the ability to understand the surgical and non surgical management of problems related these conditions.

# 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

# PGY-2 and PGY-3

Ambulatory Clinic - ENT	
Demonstration of bedside skills necessary for the assessment and on-going care of patients head & neck problems.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \end{array}$
Identification of common etiologies, presentations, complications of head & neck problems and their management.	<ul> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> </ul>
Understanding and interpretation of the tests and radiological imaging utilized in the evaluation, management and monitoring of patients with head & neck diseases such as CT, MRI, plain X-rays Isotope scan Ultrasound, sialography and radionuclide imaging.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
Observe and when appropriate participate in office based procedures such as flexible direct laryngoscopy, indirect laryngoscopy, nasal endoscopy, incision and drainage of head and neck abscesses audiogram, tympanogram, removal of cerumen, cauterization of nasal septum, inferior turbinate reduction.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> </ul>

ENT Surgery	
Identification of common atiologies, presentations, complications of ENT	$\rightarrow$ Medical Knowledge
surgery and management	$\rightarrow$ Practice Based
	Learning
	$\rightarrow$ Medical Knowledge
	$\rightarrow$ Patient Care
Understanding and interpretation of the tests and radiological imaging utilized	$\rightarrow$ Practice Based
in the evaluation, management and monitoring of patients after surgery.	Learning
	$\rightarrow$ System Based
	Learning
	$\rightarrow$ Patient Care
Activaly participate in making informed recommendations about diagnostic	$\rightarrow$ Medical Knowledge
Actively participate in making monned recommendations about diagnostic	$\rightarrow$ Practice Based
and inerapeutic options, and interventions that are based on chincal	Learning
Judgment, scientific evidence, and patient preferences.	$\rightarrow$ System Based
	Learning

Didactics	
Present interesting ENT case with review of the literature at the ambulatory care conference.	$\rightarrow$ Scholarly Activity
Participate in the conferences organized by ENT Division.	$\rightarrow$ Medical Knowledge

# 3. PRINCIPAL TEACHING METHODS

Resident participates in evaluating patients on the outpatient ENT service and assist with minor procedures. Residents will also attend the various didactic sessions conducted/attended by the division.

# 4. SUPERVISION OF RESIDENTS BY FACULTY

Every patient encounter is discussed with the attending physician before the patient leaves the clinic and every note is co-signed by the attending.

# 5. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs on a daily basis through close observation by the assigned teaching attending, who is also expected to provide formal oral summary evaluations to the residents at the end of the rotation. Residents also receive a written evaluation from the teaching attendings at the conclusion of the rotation via the myevaluations system or by paper evaluation based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system.

# 6. SUGGESTED CORE READING LIST AND REFERENCES

(All Blue Text Is Hyperlinked Via The Columbia Library. You Will Need Your UNI to Access These Resources)

- 6.2 Core Textbooks Harrison's Principles of Internal Medicine (Available Via CUMC Library Online At <u>http://www.accessmedicine.com.monstera.cc.columbia.edu:2048/resourceToc.aspx?resourceID=4</u>)
- 6.1.1 Otolaryngology Head & Neck Surgery, Clinical Reference Guide By Raza Pasha

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Primary Care Medicine/Continuity Clinic Curriculum

The primary care rotation along with the general medicine continuity clinic is intended to give residents a firm foundation in outpatient medicine. During this rotation the resident will acquire the skills and knowledge required for the diagnosis and management of both acute and chronic medical conditions through a rigorous educational yet enjoyable experience. Residents typically have 1 four week primary care block during the first two years of training and at least 3 four week blocks during the final year of residency training.

# 1. EDUCATIONAL GOALS

The main goal of the primary care rotation is to teach residents how to provide comprehensive as well as continuous care to ambulatory patients. The focus of teaching is the management of both acute and chronic medical problems in a diverse patient population. Emphasis on the 'whole patient' will be made, addressing concurrent psychosocial issues commonly found in this patient population.

# 2. EDUCATIONAL OBJECTIVES (With Corresponding ACGME Competencies)

Perform comprehensive and focused history and physical examinations.	Patient Care Medical Knowledge	
Order and interpret appropriate outpatient laboratory, radiographic, and diagnostic studies for the purposes of disease management and periodic preventive care.	Patient Care Medical Knowledge Practice Based Learning System Based Learning	
Residents will learn the current adult preventive services recommendations by the USPSTF.	Patient Care Medical Knowledge Practice Based Learning System Based Learning	
Residents will learn to access the current adult immunization schedule recommendations by the ACIP.	Patient Care Medical Knowledge Practice Based Learning System Based Learning	
Residents will learn to identify and modify risk factors for disease by counseling to achieve behavioral change.	Patient Care Medical Knowledge Interpersonal And Communication Skills	
Understand the principles of epidemiology, pathophysiology, therapeutics, and prevention in a diverse group of illnesses.	Patient Care Medical Knowledge Scholarly Activity	
Learn how to organize their patient's care and help them to gain access to the care they need.	Patient Care Medical Knowledge Practice Based Learning System Based Learning	
Learn to provide compassionate, efficient yet appropriate care in the outpatient setting.	Patient Care Medical Knowledge Practice Based Learning System Based Learning Interpersonal Skills	

Become familiar with how an outpatient office practice works	Patient Care Medical Knowledge
(Billing, Consultations, Preoperative Evaluations, and Walk-Ins).	Practice Based Learning
	System Based Learning
	Patient Care
Understand and become familiar with the "whole patient" approach	Medical Knowledge
to gate in the outpatient setting	Practice Based Learning
to care in the outpatient setting.	System Based Learning
	Interpersonal Skills
	Patient Care
Maintain acquests and complete nations records	Medical Knowledge
Mantani accurate and complete patient records.	Practice Based Learning
	System Based Learning
Demonstrate ethical humanistic respectful empathetic demeanors	Interpersonal Skills
with their patients peers and clinic staff at all times	Practice Based Learning
with their patients, peers, and emile start at an times.	
	Patient Care
	Medical Knowledge
Provide culturally competent appropriate care at all times.	Practice Based Learning
	System Based Learning
	Interpersonal Skills

# 3. COMMON CLINICAL PROBLEMS

Abdominal Pain	Diabetes
Anemia	Dizziness
Arthritis	Dyspnea
Asthma	Dysuria
Chest Pain	Fatigue
Chronic Pain Syndromes	Fever
Cough	Gastritis/PUD
COPD	GERD/Dyspepsia

4. PRINCIPAL TEACHING METHODS

Residents learn in the outpatient setting through case-based discussions under the guidance and supervision of general medicine attendings or subspecialty attendings when appropriate. Each patient is presented to the attending systematically. The resident along with the guidance of the attending formulates an appropriate diagnostic and therapeutic/management plan.

Residents also learn through primary care didactic sessions. Discussions are prepared and led by both residents and medical students emphasizing diagnostic, therapeutic, and preventive guidelines for commonly encountered clinically problems. In addition to these weekly didactic sessions, residents also attend the Department of Medicine noon conference lecture series.

Examples Of Typical Weekly Schedules Are Below:

PGY-1
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	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 11:30	Walk-In Clinic	Walk-In Clinic	Primary Care Didactic Session	Rheumatology Clinic	Walk-In Clinic

Low Back Pain Musculoskeletal Complaints/Injuries Substance Abuse Thyroid Disease

Women's Health

Weight Gain/Weight Loss

11:30 - 12:30	Conference	Conference	Conference	Conference	Conference
1:00 - 5:00	Continuity	General	General	Cardiology	General
	Clinic	Medicine Clinic	Medicine Clinic	Clinic	Medicine Clinic

# PGY-2

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 11:30	Ophthalmology Clinic	Walk-In Clinic	Primary Care Didactic Session	Endocrinology Clinic	Walk-In Clinic
11:30 - 12:30	Conference	Conference	Conference	Conference	Conference
1:00 - 5:00	General Medicine Clinic	Continuity Clinic	Renal Clinic	Cardiology Clinic	Dermatology Clinic

# PGY-3

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 11:30	ENT Clinic	Walk-In Clinic	Primary Care Didactic Session	Rheumatology Clinic	Walk-In Clinic
11:30 - 12:30	Conference	Conference	Conference	Conference	Conference
1:00 - 5:00	GI Clinic	Gynecology Clinic	General Medicine Clinic	Cardiology Clinic	Continuity Clinic

# 5. SUPERVISION OF RESIDENTS BY FACULTY

Each patient encounter is presented to an attending physician before the patient leaves the clinic; each clinic note is reviewed and co-signed by the attending.

Each primary care didactic session is moderated by a general medicine attending.

# 6. EVALUATION PROCESS

Oral feedback of clinical performance is given with each case presentation by the supervising general medicine attending. Similarly oral feedback is given at the close of each primary care didactic session. At the completion of each primary care block, residents receive a written evaluation from the attending via the MyEvaluations system based on the ACGME competencies. Residents may review these evaluations at any time by logging into this system.

# 7. REQUIRED TEXTBOOK

Barker, Burton, and Zieve's Principles of Ambulatory Medicine, 7th Edition.

# 8. SUGGESTED KEY REVIEW ARTICLES LIST

(Articles May Be Accessed Electronically Via The CUMC Library Website)

## **Preventive Care**

The Guide to Clinical Preventive Services 2007, USPSTF, <u>www.ahrq.gov/clinic/uspstf</u> Recommended Adult Immunization Schedule 2007-2008, <u>www.cdc.gov/vaccines</u>

# Cardiology

ACC/AHA 2007 Guidelines on Perioperative Cardiovascular Evaluation and Care for Noncardiac Surgery, Circulation 2007:116:e418-e499 Ambulatory Blood Pressure Monitoring, NEM 2006; 354:2368-2374 Effects on Blood Pressure of Reduced Dietary Sodium and the Dietary Approaches toStop Hypertension (DASH) Diet, NEJM 2000; 344:3-10 Resistant or Difficult to Control Hypertension, NEJM 2006; 55:385-392 Isolated Systolic Hypertension in the Elderly, NEJM 2007; 357:789-796 Role of Blood Pressure and Other Variables in the Differential Cardiovascular Events Rates Noted in the Anglo-Scandinavian Cardiac Outcomes Trial (ASCOT-BPLA), Lancet 2005;366:907-913 The Seventh Report of the Joint national Committee on prevention, Detection, Evaluation, and Treatment of High Blood Pressure, The JNC Report, JAMA 2003;289:2560-2572 The Third Report of the National Cholesterol Education Program (NCEP), NIH Publication No.01-3670 May 2001 Hypertriglyceridemia, NEJM 2007; 357:1007-1017 Management of Stable Coronary Disease, NEJM 2007; 357:1762-1766 Low Dose Aspirin for the Prevention of Atherothrombosis, NEJM 2005; 353:2373-2383 Medical Treatment of Peripheral Artery Disease and Claudication, NEJM 2001; 344:1608-1621 Syncope, NEJM 2000; 343:1856-1862 Thoracic and Abdominal Aneurysms, Circulation 2005; 111:816-828 Newly Diagnosed Atrial Fibrillation, NEJM 2004; 351:2408-2416

# Dermatology

Atopic Dermatitis, NEJM 2005; 352:2314-2324 Hyperhydrosis, Mayo Clin Proceedings 2005; 80:657-666 Scabies, NEJM 2006; 354:1718-1727 Does this patient have a mole or melanoma, Rational Clinical Examination Series, JAMA 1998; 279:696-701

## Endocrinology

Does this woman have osteoporosis? Rational Clinical Examination Series, JAMA 2004; 292:2890-2900 Screening for Osteoporosis, NEJM 2005; 353: Subclinical Hypothyroidism, NEJM 2006; 345:260-265 The Thyroid Nodule, NEJM 2004; 351:1764-1771 Obesity, NEJM 2002; 346:591-602 Guidelines for Healthy Weight, NEJM 1999; 341:427-432 Medical Management of Hyperglycemia in Type 2 Diabetes, Diabetes Care 2008; 31:1-11

## Gastroenterology

Can the clinical history distinguish between organic and functional dyspepsia? Rational Clinical Examination Series, JAMA 2006; 295:1566-1576 Dyspepsia, Ann Intern Medicine 2001; 134:815-822 Functional Dyspepsia, managing the Conundrum, NEJM 2006; 354:791-793 Chronic Constipation, NEJM 2003; 349:1360-1368 Evaluation of Abnormal Liver Enzymes in Asymptomatic Patients, NEJM 2000; 342:1266-1271 Hepatitis C Virus Infection, NEJM 2001; 345:41-52

## Gynecology/Genitourinary

Evaluation of Vaginal Complaints, Rational Clinical Examination Series, JAMA 2004; 291:1368-1379 Is This Woman Perimenopausal? Rational Clinical Examination Series, JAMA 2003; 289:895-902 Does this Woman Have an Acute Uncomplicated Urinary Tract Infection? Rational Clinical Examination Series, JAMA2002; 287:2701-2710

What Type of Urinary Incontinence Does This Woman Have? Rational Clinical Examination Series, JAMA 2008; 299:1446-1456

Management of Overactive Bladder, NEJM 2004; 350:786-799 Hormonal Contraceptive Update, Mayo Clin Proceedings 2006; 81:949-955

# Hematology/Oncology

Anemia in Adults, Mayo Clin Proceedings 2003; 78:1274-1280

Anemia of Chronic Disease, NEJM 2005; 352:1011-1023

How to Interpret and Pursue an Abnormal Complete Blood Cell Count in Adults, Mayo Clin Proceedings 2005;80:923-936

Does this patient have a family history of cancer? Rational Clinical examination Series, JAMA 2004; 292:1480-1489

## Infectious Disease

Does This Patient Have Strep Throat, Rational Clinical Examination Series, JAMA 2000; 284:2912-2918 Principles of Appropriate Antibiotic Use for Acute Pharyngitis in Adults, Ann Intern Medicine 2001; 134:506

Principles of Appropriate Antibiotic Use for Acute Bronchitis in Adults, Ann Intern Medicine 2001; 134:518

Principles of Appropriate Antibiotic Use for Acute Sinusitis in adults, Ann Intern Medicine 2001; 134:495

Principles of Appropriate Antibiotic Use for treatment of Nonspecific Upper Respiratory Tract Infections in Adults, Ann Intern Medicine 2001; 134:487

Effectiveness of Pneumococcal Polysaccharide vaccine in Older Adults, NEJM 2003; 348:1747-1755 Empirical Validation of Guidelines for the Management of Pharyngitis in Children and Adults, JAMA 2004; 292:1587-1595

Does this patient have influenza? Rational Clinical Examination Series, JAMA 2005; 293:987-997 Acute Infectious Diarrhea, NEJM 2004; 350:38-47

## Musculoskeletal (Orthopedics/Rheumatology)

Common Musculoskeletal Disorders in Women, Mayo Clinic Proceedings2005; 80:796-802 Does This Patient Have Carpal Tunnel Syndrome? Rational Clinical Examination Series, JAMA 2000; 283:3110-3117

Does This Patient Have an Instability of the Shoulder or a Labrum Lesion? Rational Clinical Examination Series, JAMA 2004; 292:1989-1999

Does this patient have a torn meniscus or ligament of the knee? Rational Clinical examination Series, JAMA 2001; 286:1610-1620

Osteoarthritis of the Knee, NEJM 2006; 354:842-848

Osteoarthritis of the Hip, NEJM 200; 357; 1413-1421

Evaluation of Acute Knee Pain in Primary Care, Annals of Internal Medicine 2003; 139:575-588 Cervical Radiculopathy, NEJM 2005; 353:392-399

Low back Pain, NEJM 2001; 344:363-370

Persistent Low Back Pain, NEJM 2005; 352:1891-1899

Plantar Fasciitis, NEJM 200; 350:2159-2166

Gout, NEJM 2003; 349:1647-1655

Polymyalgia Rheumatica and Giant Cell Arteritis, NEJM 2002; 347:261-271

Therapeutic Strategies in rheumatoid Arthritis, NEJM 2007; 350:2591-2592

## Neurology/Psychiatry

Does this patient with a headache have migraine or need neuroimaging? Rational Clinical Examination Series, JAMA 2006; 296:1274-1283

Migraine, Current Understanding and Treatment, NEJM 2002; 346:257-70

Chronic Daily Headache, NEJM 2006; 354:158-165

Does This Patient Have Parkinson's Disease? Rational Clinical Examination Series, JAMA 2003; 289:347-353

Does This Patient Have Dementia? Rational Clinical Examination Series, JAMA 2007; 297:2391-2404

Memory Dysfunction, NEJM 2005; 352:692-699

Is This Patient Clinically Depressed? Rational Clinical Examination Series, JAMA 2002; 288:1160-1170 Rehabilitation After Stroke, NEJM 2005; 352:1677-84

## Pulmonary/Respiratory

Does This Patient Have Sinusitis? Rational Clinical Examination Series, JAMA 1993; 270:1242-1246 Chronic Obstructive Pulmonary Disease, NEJM 2000; 343:269-280 Management of Chronic Onstructive Lung Disease, NEJM 200?; 350-2689-2697 The Diagnosis and Treatment of Cough, NEJM 2000; 343:1715-1721 Classifying asthma, Chest 2006; 130(1Suppl):13S-20S National Asthma Education and Prevention Program, Expert Panel Report II: Overview and Application to Primary Care, Lippincott's Prim Care Pract 1998; 6:578-588 Obstructive Sleep Apnea, Annals of Internal Medicine 2005; 142:187-197

#### Ophthamology/ENT

Does this patient have hearing impairment? Rational Clinical Examination Series, JAMA2006; 295:416-428

Hearing Loss and Hearing Aid Treatment Options, NEJM 2006; 381:234-237 Does this dizzy patient have a serious form of vertigo? Rational Clinical Examination Series, JAMA 1994; 271:385-388

Benign Paroxysmal Positional Vertigo, NEJM 1999; 341:1590-1596

Do Try This at Home, Self-treatment of BPPV, Neurology 2004; 63(1):8-9

Allergic Rhinitis, NEJM 2005; 353:1934-1944

Evaluation of the Optimal Oral Antihistamine for Patients with Allergic Rhinitis, Mayo Clin Proceedings 2005; 80:1170-1176

Does this patient have temporal arteritis? Rational Clinical Examination Series, JAMA 2002; 287:91-101

#### Miscellaneous

Common symptoms in Ambulatory Care: Incidence, Evaluation, Therapy, and Outcome, American Journal of Medicine 1989; 86:262

Allergic To Generics, Annals of Internal Medicine 2004; 141:131-136

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Pulmonary/Intensive Care Unit (ICU) Medicine Curriculum

# 1. EDUCATIONAL GOALS

The goal of the Pulmonary and critical care rotation is to teach residents to provide quality medical care to patients with respiratory illnesses, and coordinate the medical care in the ICU setting.

# 2. ROTATION-SPECIFIC OBJECTIVES (With Corresponding ACGME Competencies)

# PGY-2 and PGY-3

Inpatient Consultation and ICU Service	
Demonstration of bedside skills necessary for the assessment and on-going care of patients with Respiratory illnesses.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \end{array}$
Identify appropriate utilization of the Pulmonary subspecialty consultation in a cost-effective and evidence based manner.	→ Medical Knowledge System Based Learning
Understanding of the Pulmonary function testing, the utility and interpretation of chest imaging. The appropriate use of intensive monitoring when indicated.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
Actively participate in making informed recommendations about preventive, diagnostic, and therapeutic options, and interventions that are based on clinical judgment, scientific evidence, and patient preferences.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
Communicate effectively with patients and their families in all situations, especially around difficult issues such as obtaining consent, initiation or withholding of mechanical ventilation, and when appropriate end of life decisions.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Practice Based Learning</li> </ul>
Provide effective and professional consultation to referring physicians and sustain therapeutic and ethically sound professional relationships with patients, their families, and colleagues.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Professionalism</li> </ul>
Observe and when appropriate participate in Pulmonary specific procedures including Bronchoscopy, Pleural biopsy and thoracentesis, Central venous and arterial line placement.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based</li> <li>Learning</li> </ul>

	$\rightarrow$ Medical Knowledge
	$\rightarrow$ Practice Based
The ability to manage patient in intensive care sting in an organized	Learning
and effective way, and coordinate the often complicated multidisciplinary	$\rightarrow$ System Based
needs.	Learning
	$\rightarrow$ Patient Care
	$\rightarrow$ Professionalism

Outpatient Service: Chest Clinic		
	$\rightarrow$	Medical Knowledge
	$\rightarrow$	Patient Care
Understanding of the Pulmonary function testing, the utility and	$\rightarrow$	Practice Based
interpretation of chest imaging.		Learning
	$\rightarrow$	System Based
		Learning
	$\rightarrow$	Medical Knowledge
Management of chronic Pulmonary disease and its associated complications	$\rightarrow$	Patient Care
Management of chronic Pulmonary disease and its associated complications.	$\rightarrow$	Practice Based
		Learning
Provide effective and professional consultation to referring physicians and	$\rightarrow$	Interpersonal And
sustain the reporting and othically sound professional relationships with		Communication
patients, their families, and colleagues.		Skills
	$\rightarrow$	Professionalism
	$\rightarrow$	Practice Based
Engage in patient education as a tool for better outpatient monitoring and		Learning
effective intervention.	$\rightarrow$	Patient Care
	$\rightarrow$	Professionalism
	$\rightarrow$	Medical Knowledge
Appropriate implementation of preventive care including Smelte acception	$\rightarrow$	Practice Based
vaccination skin testing and LTBI treatment.		Learning
	$\rightarrow$	System Based
		Learning

Didactics	
Attend the divisional didactic sessions including journal club, clinical case conference, pathology conference, and research conference.	<ul> <li>→ Practice Based Learning</li> <li>→ Scholarly Activity</li> </ul>
Present case conference involving an interesting patient seen on the inpatients consult service.	$\rightarrow$ Scholarly Activity
Attend the Department of Medicine Pulmonary lecture series.	$\rightarrow$ Scholarly Activity
Adhere to principles of confidentiality, scientific/academic integrity, and informed consent.	<ul> <li>→ Professionalism</li> <li>→ Scholarly Activity</li> </ul>

# 3. PRINCIPAL TEACHING METHODS

## a. Participation:

The resident will have the chance to evaluate patients of a wide variety of respiratory or critical illness. Formulate their plans of care then seek the help and guidance of their supervising attending. This guided hand on approach is the primary teaching method.

## b. Supervision:

Residents are supervised and guided by attending Physician for every pulmonary/ICU related activity. This includes assessment planning, procedures and documentations.

- **Inpatient Consultation Service:** Rounds are conducted 5 days per week with the faculty attending physician. Both new and follow-up consults are discussed. All resident notes are signed by the attending.
- **Clinics:** Every patient encounter is discussed with the attending physician before the patient leaves the clinic and every note is co-signed by the attending.
- All ICU patients are discussed daily and in depth during the ICU round.

## c. Didactics:

Residents will attend the various didactic sessions conducted/attended by the division.

## d. Educational Material:

Major Pulmonary/Critical Care Textbook. Internet access to Columbia University library and other major medical journal.

e. Counseling And Feed Back (See Below)

# 4. EVALUATION PROCESS

Oral feedback of clinical and didactic performance occurs on a daily basis through close observation by the assigned teaching attending, who is also expected to provide formal oral summary evaluations to the residents at the end of the rotation. Residents also receive a written evaluation from the teaching attending at the conclusion of the rotation via myevaluations system based on the ACGME competencies. Residents can review their evaluations at any time by logging on to this system.

# INTERNAL MEDICINE RESIDENCY TRAINING PROGRAM Harlem Hospital Center in Affiliation with Columbia University Medical Center Rheumatology Curriculum

The Division of Rheumatology is designed to diagnose, treat and medically manage individuals with rheumatic disorders. The rheumatologist and medical residents interact with the patient and family as a resource for health information. All patients will be evaluated with a scope of practice in accordance with standard regulatory agencies.

# PGY-2 and PGY-3

Inpatient Consultation Service	
Demonstration of bedside skills necessary for the assessment and on-going care of patients with rheumatologic disorders.	$\begin{array}{l} \rightarrow  \text{Patient Care} \\ \rightarrow  \text{Medical Knowledge} \end{array}$
Identification of common etiologies, presentations, complications of rheumatologic disorders and their management.	<ul> <li>→ Medical Knowledge</li> <li>→ Practice Based</li> <li>Learning</li> </ul>
Identify appropriate utilization of the rheumatology subspecialty consultation in a cost-effective and evidence based manner.	→ Medical Knowledge System Based Learning
Understanding of the tests and radiological imaging utilized in the evaluation, management and monitoring of patients with rheumatologic diseases.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
Actively participate in making informed recommendations about preventive, diagnostic, and therapeutic options, and interventions that are based on clinical judgment, scientific evidence, and patient preferences.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
Communicate effectively with patients and their families in all situations, especially around difficult issues such as initiation of immunosuppressive therapy.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Practice Based Learning</li> </ul>
Provide effective and professional consultation to referring physicians and sustain therapeutic and ethically sound professional relationships with patients, their families, and colleagues.	<ul> <li>→ Interpersonal And Communication Skills</li> <li>→ Professionalism</li> </ul>
Observe and when appropriate participate in rheumatology specific procedures including arthrocentesis, trigger point injection, microscopic evaluation of synovial fluid.	<ul> <li>→ Patient Care</li> <li>→ Medical Knowledge</li> <li>→ Practice Based</li> <li>Learning</li> </ul>

Rheumatology Clinic	
Identification of the common etiologies of systemic lupus erythematosus, its clinical manifestations and complications.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based</li> </ul>
Management of rheumatoid arthritis and its associated complications.	$\begin{array}{rcl} \rightarrow & \text{Medical Knowledge} \\ \rightarrow & \text{Patient Care} \\ \rightarrow & \text{Practice Based} \\ & \text{Learning} \end{array}$
Identification and management of other renal diseases including systemic sclerosis, gout and osteoarthritis.	<ul> <li>→ Medical Knowledge</li> <li>→ Patient Care</li> <li>→ Practice Based</li> <li>Learning</li> </ul>
Identifying patients requiring chronic immunosuppressive therapy and preparing them for this.	<ul> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>
Appropriate implementation of preventive care including evaluation for osteoporosis.	<ul> <li>→ Medical Knowledge</li> <li>→ Practice Based Learning</li> <li>→ System Based Learning</li> </ul>

Didactics	
	$\rightarrow$ Practice Based
Attend didactic sessions and present a disease topic based on a clinical case.	Learning
	$\rightarrow$ Scholarly Activity
Review board preparation questions.	$\rightarrow$ Scholarly Activity
Adhere to principles of confidentiality, scientific/academic integrity, and informed consent.	$\begin{array}{ll} \rightarrow & \text{Professionalism} \\ \rightarrow & \text{Scholarly Activity} \end{array}$

# **SCOPE OF SERVICE:**

While on the rheumatology service, the medical residents assess patients with signs and symptoms of joint disorders. The ultimate goal is to relieve pain and physical symptoms, improve physical function and generally aid in the well-being of the patient. Common diseases that are treated by the rheumatology service include: rheumatoid arthritis, osteoarthritis, systemic lupus erythematosus, systemic sclerosis, gout, and osteoporosis.

Patients may be evaluated in an acute setting or, more regularly, in the weekly clinic session. Appropriate history and physical exam is performed, and additional laboratory and ancillary services may be used to complete the evaluation. In addition to administering medication, arthrocentesis and injection of tender points may be performed.

Other health care workers will be involved with the management of a patient when indicated. Social workers can explore personal and family financial concerns and provide assistance. Human Resource personnel, occupational therapists, rehabilitation specialists, and physical therapists might assist in modifying work requirements and settings. Mental health professionals should be used in some settings for psychological problems.

## **CONSULTATION**

When an adult patient is evaluated in the Emergency Room, or has been admitted to the hospital, the referring physician can place a consult form in the Rheumatology box, or call the medical resident covering the service. The resident will do the initial evaluation; completing the history and exam, and obtaining all appropriate laboratory tests. This information will be discussed with the rheumatology attending, and recommendations will be made. Once the patient is seen by the rheumatologist, the recommendations may be updated, and the resident notes will be reviewed and co-signed. The patient will continue to be followed by the resident and the attending until the patient has been discharged, or it is no longer clinically indicated.

# **RHEUMATOLOGY CLINIC**

Adult patients are referred to the rheumatology clinic after assessment by the patient's primary care physician, or from the Emergency Room. An appointment will be made by the rheumatologist, and the patient informed of the day and time. Clinic is held on Thursdays on the 3<sup>rd</sup> floor of the Ron Brown Ambulatory Care Center, from 8:30AM to 5:00PM.

A detailed medical history and physical examination will be performed by the medical residents. Blood work and ancillary tests will be obtained and reviewed with the attending. Diagnosis and specially tailored treatment will be made based on the findings of these tests. The patient will then be followed in appropriate intervals to manage the disease and monitor any side effects of the medication.

Medical residents participate in the clinic and will rotate through the rheumatology service, usually on a monthly basis. These residents will also be responsible for following patients who are in the hospital. Their work is supervised and the rheumatologist sees each of their patients. Medical students from Columbia University Medical Center may also evaluate patients with the residents.

# HOURS OF OPERATION

The medical residents on the rheumatology service are available to evaluate consults Monday thru Friday from 8:00AM to 5:00PM. They will call the rheumatology attending, and discuss the findings. Preliminary recommendations will be made, and the patient will be seen by the rheumatologist either on the day of the consult, if indicated, or on the nearest Thursday. Rounds are made of all hospitalized rheumatology patients on Thursdays. On weekends, and after 5:00PM on weekdays, the on call staff can call the rheumatologist with urgent consults, and arrangements will be made for the patient evaluation.

# SUGGESTED CORE READING

- Dubois Lupus Erythematosus, 4<sup>th</sup> Edition
- Primer on the Rheumatic Diseases, 11th Edition
- Kelly's Textbook of Rheumatology, 6th Edition